

Good Morning

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Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Lilian Lo - November 2019

Music: Good Morning by Max Frost - Single (2:34 mins.)

Intro: 16 counts (0.11 mins.) The first count is a pause. Singing starts on second count.

S1 (1 - 8) Kick, side, close, chest pump x 2, back, forward, $\frac{1}{4}$ L, side, close, hip L-R-L, back

1&2RF cross kick (1), RF step to side (&), LF closed to RF (2)

3,4& Chest pump 2 times (3,4), RF step slightly back on ball (&)

5,6LF step forward (5), turn $\frac{1}{4}$ L, RF step to side (6) @9:00

7&8&LF closed to RF, hip L (7), hip R (&), hip L (8), RF step slightly back on ball (&)

S2 (9 - 16) Walk L-R, $\frac{1}{4}$ R, rock R, $\frac{1}{4}$ R, forward, $\frac{1}{4}$ L, $\frac{3}{4}$ L, $\frac{1}{4}$ L, close

1,2&LF step forward (1), RF step forward (2), turn $\frac{1}{4}$ R (&) @ 12:00

3&4LF step to side, rock L (3), turn $\frac{1}{4}$ R, RF step in place (&), LF step forward (4) @3:00

5,6 Turn $\frac{1}{4}$ L, RF step to side (5), turn $\frac{3}{4}$ L, LF step forward (6) @3:00

7,8 Turn $\frac{1}{4}$ L, RF step to side (7), LF stomp next to RF (8) @12:00

S3 (17 - 24) Shuffle x 2, lunge x 2, $\frac{1}{4}$ R, $\frac{1}{2}$ R, back x 2

1&2RF step diagonally R forward (1), LF cross behind RF (&), RF step diagonally R forward (2)

3&4LF step diagonally L forward (3), RF cross behind LF (&), LF step diagonally L forward (4)

5,6RF lunge to side (5), LF lunge to side (6) @12:00

7&8 Turn $\frac{1}{4}$ R, RF step in place (7), turn $\frac{1}{2}$ R, LF step back (&), RF step back (8) @9:00

S4 (25 - 32) heel dig close x 3, walk x 2, $\frac{1}{4}$ L, $\frac{3}{4}$ L, $\frac{1}{4}$ L, tap

1&2&L heel dig forward (1), LF closed to RF (&), R heel dig forward (2), RF closed to LF (&)

3&4L heel dig forward (3), LF closed to RF (&), RF step forward (4)

5,6LF step forward (5), turn $\frac{1}{4}$ L, RF step to side (6)

7,8 Turn $\frac{3}{4}$ L, LF step forward (7), turn $\frac{1}{4}$ L, RF tap next to LF (8) @6:00

STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=137414