

Fresh and Lovely

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Susan Roberts-Eriksen (NORWAY) November 2019

Music: Fresh, by Kool & The Gang. Album: Emergency

Intro 3+32 count - No Tag!! No Restart!!

GRAPE VINE TO RIGHT, GRAPE VINE TO LEFT.

1-2step RF to R, LF behind RF

3-4step RF to R, LF touch RF

5-6step LF to L, RF behind LF

7-8step LF to L, RF beside LF.

CROSS POINT X2, COASTER STEP, STEP

1-2cross RF infront of LF, point LF to L side

3-4cross LF infront of Rf, point Rf to R side

5-8step RF back, LF beside RF, RF forward,step LF forward

ROCK FORWARD RECOVER, SHUFFLE BACK. ROCK BACK RECOVER SHUFFLE FORWARD.

1-2 Step Rf forward recover on LF

3&4step RF back, LF beside RF, step RF back

5-6step LF back recover on RF

7&8step forward LF , RF beside LF, LF forward

JAZZBOX 1/4 TURN X 2

1RF cross LF

2 Step LF back

3step 1/4 turn to right side with RF

4step LF beside RF

5RF cross LF

6step LF back

7step 1/4 turn to right side with RF

8step LF beside RF.

STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=139657