

# Rolling With The 8

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**Count:** 16                      **Wall:** 4                      **Level:** High Beginner

**Choreographer:** Karianne Heimvik - February 2020

**Music:** Naked, by Bexar

**Suggestions; - any song with a rolling eight rhythm.**

**Perfect, by Ed Sheeran**

**Girl Crush, by Little Big Town**

**This is a tiny little dance to introduce beginner level line-dancers to the rolling eight count.**

**(1-8) Walk x2, Ball, Rock/Rec step, Ball , Back Step-Sweep, weave -Sweep-Cross**

**1,2,a: Step RF fwd, step LF fwd, step ball of RF next to LF ( a),**

**3,4: rock LF fwd, recover weight onto RF**

**a,5,6: step ball of LF next to RF (a), step back on RF while sweeping LF from front to back (5), Step back on LF (6)**

**a,7,8: step RF to right (a), cross LF over RF, sweep RF from back to front and cross over LF (8)**

**(9-16) ¼ right turn, Back Rock/Rec, Ball, fwd rock/rec, Ball, back rock/rec, ½ left turn, Rock/Rec, Ball**

**a,1,2: make ¼ turn to right stepping LF back (a), rock RF back, recover weight onto LF**

**a,3,4: step ball of RF next to LF (a), rock LF fwd, recover weight onto RF**

**a,5,6: step ball of LF next to RF (a count), rock RF back, recover weight onto LF**

**a,7,8,a: make ½ turn to the left stepping RF back, rock LF back recover weight onto RF, step ball of**

**LF next to RF (a)**

**Start again! Enjoy and remember to smile!**

