

Slow Jamz

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Count: 64 **Wall:** 2 **Level:** Advanced

Choreographer: Lilian Lo - October 2019

Music: Slow Jamz by Max Frost - Gold Rush (2:39 mins.)

Intro: 8 counts (0:05 mins.)

S1 (1 - 8) Side, heel out-in-out-in, weave, side, body roll, sailor ¼ turn L

1&2&RF step to side, heel turn out-in-out-in (1&2&)

3&4&RF step in place (3), LF cross behind RF (&), RF step to side (4), LF cross over RF (&)

5,6RF step to side, body roll to R (5), complete body roll (6)

7&8LF cross behind RF (7), turn ¼ L, RF step to side (&), LF step forward (8) @9:00

S2 (9 - 16) Shuffle, ¼ L cross, ¼ L back, ¼ L side, cross, big slide, close, scoot L x 2

1&2RF step forward (1), LF cross behind RF (&), RF step forward (2)

3&4& Turn ¼ L, LF cross over RF (3), turn ¼ L, RF step back (&), turn ¼ L, LF step to side (4), RF cross over LF (&) @ 12:00

5,6LF big slide to side (5), RF closed to LF (6)

7,8RF slightly scoot L as LF closes beside RF, keeping weight on RF (7), repeat count 7 (8)

S3 (17 - 24) Side rock close x 2, side rock, replace, behind, ¼ L, step, flick

1&2LF step to side, rock L (1), replace on RF (&), LF closed to RF (2) @12:00

3&4RF step to side, rock R (3), replace on LF (&), RF closed to LF (4)

5&6&LF step to side, rock L (5), replace on RF (&), LF cross behind RF (6), turn ¼ R, RF step forward (&) @3:00

7,8LF step slightly forward, LF roll from ball to heel (7), RF flick back slowly (8)

Achieve a slow motion look on count 7, 8 and the next count 1 and 2

S4 (25 - 32) Step, flick, jazz box, pivot R x 4

1,2RF step slightly forward, RF roll from ball to heel (1), LF flick back slowly (2)

3a4&LF cross over RF (3), RF step to R back diagonal (a), LF step to L back diagonal (4),RF cross over LF (&) @9:00

5,6,7,8 Pivot R 4 times on RF as LF closes beside RF, keeping weight on RF, complete a $\frac{3}{4}$ R turn (5,6,7,8) @12:00

S5 (33- 40) Rock R-L-R-L, behind, $\frac{1}{4}$ L, forward, jazz box

1,2,3,4RF step to side, rock R (1), rock L (2), rock R (3), rock L (4)

5a6RF cross behind LF (5), turn $\frac{1}{4}$ L, LF step forward (a), RF step forward (6) @9:00

7&8&LF cross over RF (7), RF step to R back diagonal (&), LF step to L back diagonal (8), RF cross over LF (&)

S6 (41 - 48) Cross, side rock, close, side rock, back x 2, back, $\frac{1}{2}$ R, forward

1a2LF cross over RF (1), RF step to side, rock R (a), replace on LF (2) @9:00

3a4RF closed to LF (3), LF step side, rock L (a), replace on RF (4)

5,6LF step back, lift R toes (5), RF step back, lift L toes (6)

7&8LF step back (7), turn $\frac{1}{2}$ R, RF step forward (&), LF step forward (8) @3:00

S7 (49 - 56) $\frac{1}{4}$ paddle turn, $\frac{1}{4}$ L, side, tap, side, cross, side, tap, $\frac{1}{8}$ L, side, $\frac{1}{8}$ L, cross, side, tap x 4, close

1&2&RF step forward (1), turn $\frac{1}{4}$ L, replace on LF (&), turn $\frac{1}{4}$ L, RF step to side (2), LF tap at side, L knee bent, body facing L diagonal (&) @9:00

3&4&LF step to side (3), RF cross over LF (&), LF step to side (4), RF tap at side, R knee bent, body facing R diagonal (&)

5&6& Turn $\frac{1}{8}$ L, RF step to side (5), turn $\frac{1}{8}$ L, LF cross over RF (&), RF step to side (6),LF tap next to RF (&) @6:00

7&8&LF tap out-in-out (7&8), LF closed to RF (&)

S8 (57 - 64) Rock R-L-R-L, sailor step, behind, side, cross

1,2,3,4RF step to side, rock R (1), rock L (2), rock R (3), rock L (4)

5a6RF cross behind LF (5), LF step to side (a), replace on RF (6)

7&8LF cross behind RF (7), RF step to side (&), LF closed to RF (8)

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