

Pick Her Up

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Heather Rowe - February 2020

Music: Pick her up Hot Country Knights feat Travis Tritt

Heel Touches, heel heel, toe toe, heel hook, heel, touch

- 1 - 4 Touch right heel forward, touch left heel forward
- 5 - 8 Touch right heel forward, touch left heel forward
- 9 - 12 Tough right heel forward twice, touch right toe back twice
- 13 - 16 Touch right heel forward, hook right foot across left, touch right heel forward, touch right foot beside left.

Vine right and left with ¼ turn, k-step

- 17 - 20 Step right foot to right side, cross left behind right, step right foot to right side, touch left beside left.
- 21 - 24 Step left foot to left side, cross right foot behind left, step left foot to left side with ¼ turn left, touch right foot beside left.
- 25 - 28 Step forward on right diagonal, touch left beside right, step back on left foot, touch right beside left foot
- 29 - 32 Step back on right diagonal, touch left beside right, step forward on left, touch right beside left foot

Restart on wall 10 count 24

Steps beginners learn in this dance -

Restarts, Vines, K-step, Heel Touches, Hooks.