

A Life Without You

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Count: 48 **Wall:** 4 **Level:** Intermediate

Choreographer: Kaye Thompson (October 2019)

Music: Without You by John Newman and Nina Nesbitt

Section 1: Cross, side, sailor 1/4R, pivot 1/2R, shuffle 1/2R

123&4 Cross R in front of L, step L to side, R behind L, L to side, 1/4 turn R stepping R forward(3.00)

567&8 Step forward L, pivot 1/2 R (9.00), shuffle 1/2 turn R stepping LRL (3.00)

Section 2: Back, touch, L lock step, forward rock, coaster step

123&4 Step back R, touch L across R, step forward on L, lock R behind L, step forward L

567&8 Forward rock R, recover on L, step back on R, step L beside R, step forward on R (alternative- full turn R stepping RLR)

Section 3: Pivot 1/4R, cross shuffle, 1/4 L, 1/2 L, pivot 1/4 L, cross

123&4 Step forward L, pivot 1/4 R, L cross over R, side R, cross L over R (6.00)

567&8 1/4 turn L stepping back on R (3.00), 1/2 turn L stepping forward on L (9.00), step forward R, pivot 1/4 L, cross R over L. (6.00)

Section 4: 1/4R, 1/4R, L samba step, syncopated weave L

123&4 1/4 turn R stepping back on L (9.00), 1/4 turn R stepping R to side (12.00), cross L over R, rock R to side, recover on L

567&8 Cross R over L, step L to side, step R behind L, step L to side, cross R over L

******Restart here on Wall 3 changing counts 7&8 to 7,8 (step R behind L, step L to side)******

Section 5: 1/4L, touch, and kick ball step, forward rock , triple 3/4L

12&3&4 1/4 turn L stepping forward on L (9.00), touch R behind L, transfer weight onto R, kick L forward, transfer weight onto L, step forward R

567&8 Rock forward on L, recover on R, 3/4 turn L stepping LRL (12.00)

Section 6: Forward rock, 1/4R chasse, cross, side, sailor step

123&4 Rock forward on R, recover onto L, 1/4 turn R stepping R to side, L beside R, R to side (3.00)

567&8 Cross L over R, step R to side, step L behind R, step R to side, step L to side.

Finish: Wall 8 - dance up to count 28 then cross R over left, unwind ½ turn to end facing front.

(Music suggested by Kath Kelly - thank you)

STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=136915