

Heart Body & Soul

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Count: 32

Wall: 4

Level: Beginner

Choreographer: Yvonne Anderson (SCOTLAND), Ira Weisburd (USA) & Ruben Luna (USA) October 2019

Music: Far To Go by Ronnie Beard

Genre: Country Line Dance

Introduction: 16 count instr., start on vocal @ approx. 11 sec.

***NO TAGS !! NO RESTARTS !!**

PART I. (CROSS ROCK, RECOVER, L SIDE SHUFFLE; CROSS ROCK, RECOVER, R SIDE SHUFFLE)

- 1-2 Rock L across R, Recover weight on R
- 3&4 Step L to L, Step-close R beside L, Step L to L
- 5-6 Rock R across L, Recover weight on L
- 7&8 Step R to R, Step-close L beside R, Step R to R

PART II. (CROSS, SIDE, BEHIND, SWEEP, BEHIND, 1/4 L TURN, FORWARD, LOCK, STEP)

- 1-2 Step L across R, Step R to R
- 3-4 Step L Behind R, Sweep R out and around from front to back
- 5-6 Step R behind L, make 1/4 Turn L stepping L forward (9:00)
- 7&8 Step R forward, Step L behind R , Step R forward

PART III. (ROCK FORWARD, RECOVER, ROCK BACK, RECOVER; FORWARD, PIVOT 1/4 R, FORWARD, PIVOT 1/4 R)

- 1-2 Rock L forward, Recover weight on R
- 3-4 Rock L back, Recover weight on R
- 5-6 Step L forward, Pivot 1/4 Turn R (12:00)
- 7-8 Step L forward, Pivot 1/4 Turn R onto R (3:00)

PART IV. (CROSS, POINT, CROSS, POINT; CROSS, BACK, SIDE ROCK, RECOVER)

- 1-2 Step L across R, Point R toes to R
- 3-4 Step R across L, Point L toes to L (Note: Counts 1-4 travel forward)
- 5-6 Step L across R, Step R back

7-8 Rock L to L, Recover weight on R

REPEAT DANCE.

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