

# Flip, Flop, Fly

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**Count:** 40      **Wall:** 2      **Level:** Easy Improver

**Choreographer:** Nicole Woodley, NZ, October 2019

**Music:** Flip, Flop and Fly by Elis Hall. "Chicken Run" Soundtrack (2000).

**Intro: 16 counts in on vocals, Start with weight on R.**

**[1-8] L Side Touch, L Side Touch, L Side Drag, Rock Recover.**

- 1 2      Step L to L side, touch R next to L  
3 4      Step L to L side, touch R next to L,  
5 6      Step L to L side, drag R next to L,  
7 8      Step R foot behind L and rock onto it, recover back onto L foot.

**[9-16] Heel Touch, Heel Touch, Step R ½ Turn, Stomp, Clap.**

- 1 2R heel dig, touch R next to L  
3 4L heel dig, touch L next to R,  
5 6      Step R fwd, turn ½ over L shoulder (facing 6:00 wall),  
7 8      Stomp R next to L, clap hands together.

**[17-24] L Side Touch, L Side Touch, L Side Drag, Rock Recover.**

- 1 2      Step L to L side, touch R next to L  
3 4      Step L to L side, touch R next to L,  
5 6      Step L to L side, drag R next to L,  
7 8      Step R foot behind L and rock onto it, recover back onto L foot.

**[25-32] Heel Touch, Heel Touch, Step R ½ Turn, Stomp, Clap.**

- 1 2R heel dig, touch R next to L  
3 4L heel dig, touch L next to R,  
5 6      Step R fwd, turn ½ over L shoulder (facing 12:00 wall),  
7 8      Stomp R next to L, clap hands together.

**[33-40] R Shuffle Back, L Shuffle Fwd, 2x ¼ Turn Steps, Stomp, Clap 2x.**

- 1&2** Step R back, touch L next to R, step R back,  
**3&4** Step L fwd, touch R next to L, step L fwd,  
**5&** Step R fwd, L ¼ turn (facing 9:00 wall),  
**6&** Step R fwd, L ¼ turn (facing 6:00 wall),  
**7&8** Stomp R next to L, clap, clap.

**Start dance again facing 6:00 wall.**

**TAG: Cross Jazz Box.**

**Facing 6:00 wall after the end of wall 5, complete tag and start wall 6.**

- 1** Cross R over L  
**2** Step L back  
**3** Step R to R side  
**4** Step L next to R.

**Contact: Nicole Woodley**

**Email: colemaid98@gmail.com**

**Phone: 0223143266**

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