

Post Modern Swing

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Count: 32 **Wall:** 4 **Level:** High Beginner

Choreographer: Billy Crase and Carla Willis-Crase - October 2019

Music: The Middle (feat: Blake Lewis) By Scott Bradlee's Postmodern Jukebox - iTunes

Begin after 16ct. on the vocal.

No Tags or Restarts (you're welcome)

Shuffle R rock recover. Shuffle L rock recover

- 1&2** Step right to right side(1) Step left next to right(&) Step right to right side(2)
- 3-4** Rock left back(3) Recover onto right(4)
- 5&6** Step left to left side(5) Step right next to left(&) Step left to left side(6)
- 7-8** Rock back right(7) Recover onto left(8)

Toe Heel Struts Right and Left. Rocking chair

- 1-2** Step forward on right toe(1) Drop right heel(2)
- 3-4** Step forward left toe(3) Drop left heel(4)
- 5-6** Rock forward on right(5) Recover onto left(6)
- 7-8** Rock back on right(7) Recover onto Left(8)

Step Pivot 1/2 Step Pivot 1/4 Rocking chair

- 1-2** Step right forward(1) Pivot 1/2 turn left(2) weight on left
- 3-4** Step right forward(3) Pivot 1/4 turn left(4) weight on left
- 5-6** Rock forward on right(5) Recover onto left(6)
- 7-8** Rock back on right (7) Recover weight on left (8)

Kickball change Kickball change Step pivot 1/4 Step pivot 1/4

- 1&2** Kick right forward(1) Step on ball of right(&) Step left in place(2)
- 3&4** Kick right forward(3) Step on ball of right(&) Step left in place(4)
- 5-6** Step forward right(5) pivot 1/4 turn left(6) weight on left
- 7-8** Step forward right(7) pivot 1/4 turn left(8) weight on left completing 1/4 turn

Repeat

Ending: On the last wall you will be facing 6 o'clock. Dance up to count 16(rocking chair)

Replace the step $\frac{1}{2}$, step $\frac{1}{4}$ with the following:

Step forward right(1) Pivot $\frac{1}{4}$ turn left(2) weight on left

Step forward right(3) pivot $\frac{1}{4}$ turn left(4) weight on left

Step right in place(5) triple step left right left in place(6&7)

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