

Cups

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Count: 32 **Wall:** 4 **Level:** Low Intermediate

Choreographer: Jen Seiberlich & Dan Pye - January 2020

Music: Bad Seed Rising By: Bad Seed Rising

ROCK ¼ PIVOT TURNS RIGHT

1-8stepping slightly to left, rock left & turn ¼ turn right (do this 4x for a complete full turn right)

SHUFFLE LEFT, ROCK, RECOVER, KICK-BALL-CHANGE, STEP, LOCK, STEP-LOCK-STEP

9&10,11,12shuffle left (L,R,L), rock right behind left, recover on left

13&14,15,16right kick-ball-change, step forward right, lock left up behind right

17&18step-lock-step

ROCK, RECOVER, COASTER STEP, JAZZ BOX

19,20,21&22rock forward left, recover back on right, back on left, back right, forward left

23-26cross right over left, back on left, 1/4 turn right, left to place

STOMP CLAP, STOMP DOUBLE CLAP, BUMPS HIPS

27,28,29, &30stomp right, clap, stomp left, double clap

31&32bump hips (R,L,R) REPEAT