

Bad Morning

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Count: 48

Wall: 4

Level: Improver waltz

Choreographer: Lorraine Summerell (Bandits - July 2019)

Music: John Anderson - Bad Morning For Leaving (3:35mins) (116 bpm)

Starts on lyrics

Forward, $\frac{1}{4}$ turn, back

1,2,3 Step forward on left foot, step Right next to left with $\frac{1}{4}$ left turn, step left next to right

4,5,6 Step right foot back, step left foot next to right, step right foot next to left

Forward, $\frac{1}{2}$ turn, back

1,2,3 Step forward on left foot, half left turn and step right next to left, step left next to right

4,5,6 Step back on right, step left next to right, step right next to left

Forward. $\frac{1}{4}$ turn, back

1,2,3 Step forward on left foot, step right next to left with a $\frac{1}{4}$ left turn, step left next to right

4,5,6 Step right foot back, step left foot next to right, step right foot next to left

Forward, $\frac{1}{2}$ turn, back

1,2,3 Step forward on left foot, half left turn and step right next to left, step left next to right

4,5,6 Step back on right, step left next to right, step right next to left

Cross twinkle, Cross twinkle

1,2,3 Cross/step left in front of right, stepping right next to left, step left next to right

4,5,6 Cross/step right in front of left, stepping left next to right, step right next to left

Forward, sweep, forward sweep

1,2,3 Step forward on left, Sweep right from back to front over 2 counts

4,5,6 Step forward on right, Sweep left from back to front over 2 counts

Cross, $\frac{1}{4}$, back

1,2,3 Cross left in front of right, $\frac{1}{4}$ turn left while stepping right next to left, step left next to right

4,5,6 Step right back, step left next to right, step right next to left

Forward, Back

1,2,3 Step forward on Left, Step right next to Left, Step Left next to right

4,5,6 Step back on right, step left next to right, Step right next to Left

Tag - At the end of wall 4

Cross Twinkle, Cross Twinkle

This dance has been choreographed to be danced as a split floor to the beginner waltz dance - I have chosen not to have a Restart Or Tag.

A Bad Morning For Leaving by Liz Gardner

Tag was added as a suggestion - thanks Paul McQueen and Ian Trembath