

Mi Vida Contigo

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Count: 40

Wall: 4

Level: Easy intermediate Cha Cha

Choreographer: mBah Wir - Yogyakarta (ID), September 2019)

Music: Mi Vida Contigo by Leticia ft Dj Ice (31 bpm)

Dance Sequence: 32-40-32-32-32-40-32-32-32-32-32-8

Intro: 20 Count

S1: WALK, WALK, TURN $\frac{1}{4}$ LEFT BACK, LEFT CHASSE, FORWARD ROCK, RECOVER, BACK LOCK SHUFFLE

- 1-3** Walk forward R (1), L (2), Make $\frac{1}{4}$ turn L step R back (3) (9.00)
- 4&5** Step L to side (4), Setp R next to L (&), Step L to side (5)
- 6-7** Rock R forward (6), Recover on L (7)
- 8&1** Step R back (8), Cross L over R (&), Step R back (1)

S2: REVERSE TURN $\frac{1}{2}$ LEFT, FORWARD LOCK SHUFFLE, FORWARD, ROCK RECOVER, BACK LOCK SHUFFLE

- 2-3** Touch L toe back (2), Make $\frac{1}{2}$ turn L (3)
- 4&5** Step R forward (4), Lock L behind R (&), Step R forward (5)
- 6-7** Rock L forward (6), Recover on R (7)
- 8&1** Step L back (8), Cross R over L (&), Step L back (1)

S3: SIDE ROCK, RECOVER, BEHIND CROSS, SIDE, CROSS OVER, TURN $\frac{1}{4}$ RIGHT BACK, SIDE, FORWARD LOCK SHUFFLE

- 2-3** Rock R to side (2), Recover on L (3)
- 4&5** Cross R behind L (4), Step L to side (&), Step R to side (5)
- 6-7** Make $\frac{1}{4}$ turn R step L back (6), Step R to side (7) (6.00)
- 8&1** Step L forward (8), Lock R behind L (&), Step L forward (1)

S4: OUTSIDE TOUCH, HITCH, CROSS SHUFFLE, TURN $\frac{1}{4}$ RIGHT, TOUCH, DROP, TURN $\frac{1}{2}$ TOUCH, DROP

- 2-3** Touch R outside R (2), Hitch R over L (3)
- 4&5** Cross R over L (4), Step L to side (&), Cross R over L (5)

6-7 Make $\frac{1}{4}$ turn R touch L toe back (6), Drop L heel (7) (9.00)

8-1 Make $\frac{1}{2}$ turn R touch R forward (8), Drop R heel (1) (3.00)

S5: WALK, WALK, FULL TURN LEFT, FORWARD ROCK, RECOVER, BACK, TOGETHER

2-3 Walk forward L (2), R (3)

4&5 Step L forward (4), Make $\frac{1}{2}$ turn L Step R back (&), Make $\frac{1}{2}$ turn L step L forward

6-7 Rock R forward, Recover on L

8& Step R back, Step L next to R

Begin again

For more information about this dance please contact me at: gieprod@yahoo.com

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