

ME and JACK

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Count: 48 **Wall:** 4 **Level:** Improver

Choreographer: Cathy Snow - August 2019

Music: "Me and Jack" by Jon Pardi from "Heartache Medication"

Intro: 16 counts (one easy tag)

[1-8] RIGHT KICK & POINT LEFT, LEFT KICK & POINT RIGHT. RIGHT SAILOR, LEFT SAILOR

- 1&2** Kick right forward, step on right, point left to side left
- 3&4** Kick left forward, step on left, point right to side right
- 5&6** Step right behind left, step left to side, step right to side
- 7&8** Step left behind right, step right to side, step left to side

[9-16] STRAIGHT STEPS FORWARD and BACK*

- 1-2** Touch right toe forward; step right next to left
- 3-4** Touch left toe behind, step left next to right
- 5-6** Touch right toe forward, step right next to left
- 7-8** Touch left toe behind, step left next to right

[17-24] RIGHT TOE TAP 2X, MODIFIED SAILOR

- 1-2** Touch right toe to right side and touch twice
- 3&4** Step right behind left, step left to left side, step right to right side
- 5-6** Touch left toe to left side and touch twice
- 7&8** Step left behind right, step right to right side, step left to left side

[25-32] RIGHT STEP LOCK, SHUFFLE; LEFT STEP LOCK, SHUFFLE

- 1-2** Step right forward, step left behind right
- 3&4** Shuffle forward right-left-right
- 5-6** Step left forward, step right behind left
- 7&8** Shuffle forward left-right-left

[33-40] ¼ RIGHT MONTEREY TURN; JAZZ BOX

- 1-2** Touch right side, turn ¼ right and step right together

- 3-4** Touch left side, step left together
5-6 Cross right over left; step back left
7-8 Step right side; step left forward

[41-48] LINDY RIGHT, LINDY LEFT

- 1&2** Step side right, step left next to right
3&4 Rock back on left, recover weight on right
5&6 Step side left, step right next to left
7&8 Rock back on right, recover weight on left

Tag: 6:00 wall first time only after steps [41-48]

*****Step right, touch left next to right, step left, step right next to left, then restart dance**

I end dance after vocals (sounds like music is ending), but you can continue dancing into instrumental section....your choice

***Optional: [17-24] CHARLESTON STEPS**

Questions/Feedback: mrssno@email.com

*** I do not own rights to this music.**