

# No Woman No Cry

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**Count:** 32      **Wall:** 4      **Level:** Low Improver

**Choreographer:** Lars Kuif (Holland - January 2020)

**Music:** "No Woman No Cry" by Bob Marley (Soke Remix)

## Info: Starts after 40 counts

### [1 - 8] Right Grapevine Heel Jack, Paddle Turn R 3x, Step Fwd.

1 - 2&      Step R to side (1), step L behind R (2), step R to side (&) [12.00]

3&4      Touch L heel fwd. (3), step L next to R (&), step R across L (4) [12.00]

5 - 8 1/8 R + point L to side (5), repeat count 5 (6), 1/4 R + Point L to side (7), step L fwd. (8)  
[06.00]

### [9 - 16] Paddle Turn L 3x, Cross, Touch, Side, Heel-Toe-Heel

1 - 4 1/8 L + point R to side (1), repeat count 1 (2), 1/4 L + point R to side (3), step R across L (4) [12.00]

5&6      Step L to side (5), touch R next to L (&), touch RF to side (6) [12.00]

7&8      Swivel R heel in (7), swivel R toe in (&), swivel R heel in (8) [12.00]

### [17 - 24] Cross Rock, Side Rock, Cross Rock, Side, L Samba Cross, R Samba Cross Into 1/4 R

1&2&      Rock R across L (1), recover to L (&), rock R to side (2), recover to L (&) [12.00]

3&4      Rock R across L (3), recover to L (&), step R to side (4) [12.00]

5&6      Step L across R (5), rock R to side (&), recover to L (6) [12.00]

7&8      Step R across L (7), rock L to side (&), 1/4 R recovering weight to RF [03.00]

### [25 - 32] L Mambo Step, R Shuffle Back, Coaster Cross, Kick-Ball-Cross

1&2      Rock L fwd. (1), recover to R (&), step L back (2) [03.00]

3&4      Step R back (3), step L next to R (&), step R back (4) [03.00]

5&6      Step L back (5), step R next to L (&), step L across R (6) [03.00]

7&8      Kick R diag. fwd. (7), step R next to L (&), step L across R (8) [03.00]

## Begin again!

**Questions: [larskuiflinedance@gmail.com](mailto:larskuiflinedance@gmail.com)**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=138756](https://www.linedance.com/index.php?f=dance_view&id=138756)