

# Nitty Gritty

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**Count:** 64

**Wall:** 4

**Level:** Phrased Low Intermediate

**Choreographer:** Cowboys & Angels Social Class (Melbourne) June 2019

**Music:** Knockin' Boots By Luke Bryan (Dance starts straight away on Lyrics)

**[Sequence: AA AAB AA AAB AA\*\*B]**

**(Restart is Wall 12 )**

**Part A (32 counts) 4 Wall**

**Rock Recover, Behind & Cross, Rock Recover, Cross Point**

- 1,2, Rock R to R side, recover weight to L,
- 3&4 Step R behind L & Step L side, Cross R over L
- 5,6 Rock L to L side, recover weight to R foot,
- 7,8 Cross L over R, Point R to R side

**½ pivot, Shuffle Fwd, Point Forward, Hold & Together, Point Forward Hold & Together**

- 1,2 Step R forward, ½ pivot turn L transfer weight to L (6:00)
- 3&4 Step R forward & Bring L toward R, Step R forward
- 5,6& Point L forward, Hold & Step L together,
- 7,8& Point R forward, Hold\*\* & Step R together

**Rock Side, Recover, Behind, Side, Cross, Side, Behind, Point Side**

- 1,2 Rock L to L side, Recover weight to R foot
- 3,4, Cross L behind R, Step R to R side,
- 5,6 Cross L over R, Step R to R side
- 7,8 Cross L behind R, Point R to R side

**Double Heel & Switch, Double Heel & Switch & Step Fwd, ¼ Pivot, Kick ball Cross**

- 1,2& Double R Heel Tap Forward & Step R together
- 3,4& Double L Heel Tap Forward & Step L together
- 5,6 Step R forward, ¼ pivot turn L transfer weight onto L (3:00)
- 7&8 Kick R foot to R 45 degree & Step R foot together, Cross L over R

## **Part B (32 Counts) 1 Wall (Facing 12:00 every time)**

### **Shuffle Side, Cross, Together, Buttermilks x 2**

**1&2** Step R to R side & bring L together, Step R to R side

**3,4** Cross L over R, Step R beside L

**5,6,7,8** Twist both Heels Out, In, Out, In

### **¼ Shuffle, Behind, ¼ step Fwd, Buttermilks x 2**

**1&2¼ turn L Stepping L to L side & bring R together, Step L to L side (9:00)**

**3&4** Cross R behind L & Making ¼ turn L Step L forward, Step R forward (6:00)

**5,6,7,8** Twist both heels Out, In, Out, In

### **Shuffle Side, Cross, Together, Buttermilks x 2**

**1&2** Step R to R side & bring L together, Step R to R side

**3,4** Cross L over R, Step R beside L

**5,6,7,8** Twist both Heels Out, In, Out, In

### **¼ Shuffle, Behind, ¼ step Fwd, Buttermilks x 2**

**1&2¼ turn L Stepping L to L side & bring R together, Step L to L side (3:00)**

**3&4** Cross R behind L & Making ¼ turn L Step L forward, Step R forward (12:00)

**5,6,7,8** Twist both heels Out, In, Out, In

**\*\*RESTART: Wall 12 Dance to Count 16 in part A. Start the dance again with Rock to R**

**This is a dance choreographed for dancers by dancers, it's a bit a fun and we had lots of fun putting it together as a class.**

**Enjoy it and dance with a smile!**

**Contact Jamie Robinson - Cowboys & Angels - [jlrobinson@live.com.au](mailto:jlrobinson@live.com.au)**