

# Take Down AB

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**Count:** 32      **Wall:** 4      **Level:** Absolute Beginner

**Choreographer:** Heidi Cronjé (South Africa) January 2020

**Music:** Take Down by Rayelle (02:38)

## Intro: 16 counts

### SECTION 1: STOMP, WALK X2, KICK, STOMP, BACK X3

- 1-4      Stomp L fwd, Walk R fwd, Walk L fwd, Kick R fwd  
5-8      Stomp R together, Walk L back, Walk R back, Walk L back

### SECTION 2: STOMP, 1/4 L COASTER STEP, JAZZ BOX, KICK

- 1      Stomp R side  
2-4      Turn 1/4 L and step L back, Step R together, Step L fwd  
5-8      Cross R over L, Step L back, Step R side, Kick L over R to R diagonal

**\*\*\* Restart during wall 7 (facing 03:00)**

### SECTION 3: STOMP, HEEL UP & DOWN (3C), STOMP, HEEL UP & DOWN (3C)

- 1      Stomp L fwd to L diagonal  
2-4      Bounce L heel up and down for 3 counts  
5      Stomp R fwd to R diagonal  
6-8      Bounce R heel up and down for 3 counts

### SECTION 4: STOMP, POINT, ROCKING CHAIR, SIDE, KICK

- 1-2      Stomp L together, Point R side  
3-6      Rock R fwd, Recover L, Rock R back, Recover L  
7-8      Step R side, Kick L fwd

**Start Again. Have fun and Enjoy!**

**Restart: During wall 7, after 16 counts (facing 03:00)**

**Tag: At the end of wall 3 (4C) (facing 03:00)**

**1-4: L Rocking Chair (Rock L fwd, Recover R, Rock L back, Recover R)**

**More difficult option: 1/2 pivot turn x 2 (Step L fwd, 1/2 pivot turn R, Step L fwd, 1/2 pivot turn R**

**Contact - email: [linedanceriversdal@gmail.com](mailto:linedanceriversdal@gmail.com)**

**This dance is dedicated to Ilze Venter, one of my dancers who enjoys dances with stomps.**

**Last Update - 6 Jan. 2020**