

Say Hello Polka Contra

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Count: 32

Wall: 1

Level: Easy Intermediate Contra - Polka

Choreographer: Kyung Hee Lee (KOR) - September 2019

Music: Grüß Euch Gott, liebe Leut by Margret Almer

Sequence: 48(16c tag)-32-16(restart)-48(16c tag)-32-32-32-4(tag)-32-32

***Note: You have to change partner while dancing on 32 counts (Please don't change partner while dancing on Tag and restart.)**

Start the dance after 16 counts

SECTION 1: RF SIDE HEEL TOUCH, TOE TOUCH RF, SIDE HEEL TOUCH, HOOK, SIDE SHUFFLE, BACKWARD ROCK, RECOVER

1-4 Heel touch RF to R side, toe touch RF in front of LF, heel touch RF to R side hook RF

5&6 Step RF to R side, close LF next to RF, step RF to R side

7-8 Rock LF to backward, recover to RF

SECTION 2: LF SIDE HEEL TOUCH, TOE TOUCH LF, SIDE HEEL TOUCH, HOOK, SIDE SHUFFLE, BACKWARD ROCK, RECOVER

1-4 Heel touch LF to L side, toe touch LF, in front of RF, heel touch LF to L side, hook LF

5&6 Step LF to L side, close RF next to LF, step LF to L side

7-8 Rock RF to backward, recover to LF

SECTION 3: FORWARD SHUFFLE, 1/2 TURN TO R WITH BACKWARD SHUFFLE, BACKWARD ROCK, RECOVER, BACKWARD ROCK, RECOVER

1&2 Step RF forward, close LF next to RF, step RF forward

3&4 1/4 turn to R stepping LF side, close RF next to LF, 1/4 turn to R stepping LF backward

5-8 Rock RF backward, recover to LF, rock RF backward, recover to LF

SECTION 4: FORWARD SHUFFLE, 1/2 TURN TO R WITH BACKWARD SHUFFLE, BACKWARD ROCK, RECOVER, BACKWARD ROCK, RECOVER

1&2 Step RF forward, close LF next to RF, step RF forward

3&4 1/4 turn to R stepping LF side, close RF next to LF, 1/4 turn to R stepping LF backward

5-6 Rock RF backward, recover to LF

7-8 Long step RF to R side, stomp LF next to RF(weight on LF)

*** Change partner here**

TAG 1 (16 COUNTS)

After wall 1 and wall 5, you will dance to 16 counts tag

Tag steps are as follows,

Section 1

1-4RF heel touch, replace, LF heel touch, replace

5&6&RF heel touch, replace, LF heel touch, replace

7&8RF forward step, clap, clap

Section 2

1-4LF heel touch, replace, RF heel touch, replace

5&6&LF heel touch, replace, RF heel touch, replace

7&8LF forward step, clap, clap

TAG 2 (4 COUNTS)

After wall 8, you will dance to 4 counts tag

Tag steps are as follows,

1-4 3times of march in place(1,2,3), clap(4)

RESTART: On the wall 3, you will dance to 16 counts and start again.

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