

# One Shot

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**Count:** 32                      **Wall:** 4                      **Level:** High Beginner

**Choreographer:** Liz Gardiner (AUS) August 2019. Version 1

**Music:** One Shot by Hunter Hayes. Album: Wild Blue, Pt 1, (2:31 mins), BPM (120)

**Start after 16 counts on vocals, weight on left. Direction: CCW**

**No Tags Or Restarts.**

**S1:, DOROTHY R, DOROTHY L, FWD R, 1/ 2 PIVOT L, TOGETHER, RAISE BOTH HEELS, DROP,**

- 1, 2, &,            Step R forward on R diagonal, Lock step L behind R, Step R forward on R diagonal,  
3, 4, &,            Step L forward on L diagonal, Lock step R behind L, Step L forward on L diagonal,  
5, 6, &,            Step R forward, 1/2 pivot L, Step R together,  
7, 8,                Raise both heels weight on toes, Drop heels, (6:00),

**S2:, SIDE, TOGETHER, SIDE SHUFFLE WITH 1/4 L, ROCK, RECOVER, TRIPLE STEP TURNING OVER R,**

- 1, 2,                Step L to L side, Step R beside L,  
3, &, 4,             Step L to L side, Step R beside L, Turn 1/4 L stepping L forward, (3:00),  
5, 6, 7, &, 8,        Rock R forward, Recover L, Turn a full turn over R as a triple step R, L, R, or Step R back,  
Step L beside R, Step R forward, (R coaster step),

**S3:, ROCK, RECOVER, 1/2 SHUFFLE L, 1/2 SHUFFLE L, 1/2 SHUFFLE L,**

- 1, 2,                Rock L forward, Recover R,  
3, &, 4,             Step L forward while turning 1/4 L, Step R beside L, Step L forward while turning 1/4 L,  
(9:00),  
5, &, 6,             Step R forward while turning 1/4 L, Step L beside R, Step R back while turning 1/4 L,  
(3:00),  
7, &, 8,             Step L forward while turning 1/4 L, Step R beside L, Step L forward while turning 1/4 L,  
(9:00),

**S4:, STEP R FWD, 1/4 L PIVOT, R KICK BALL CHANGE, TURNING 1/4 R V STEP,**

- 1, 2, 3, &, 4,        Step R forward, 1/4 L pivot, R kick ball change, (6:00),

**5, 6,** Step R forward on R diagonal, Step L forward on L diagonal,

**7, 8,** Turn 1/4 R stepping R to R side, Step L beside R, (9:00),

**The Dance finishes on wall 9. Dance up to count 12. You will be facing 3:00. To finish the dance, turn the triple step to the front and step L to L side. 12:00.**

**Liz Gardiner: +61435006800 - [the.gardiners@inbox.com](mailto:the.gardiners@inbox.com)**

**[www.southerncrosslinedance.com](http://www.southerncrosslinedance.com)**

**Latest Update - 24th August 2019**