

# Hands Up EZ

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**Count:** 48      **Wall:** 1      **Level:** Phrased Improver

**Choreographer:** John Dembiec - August 2019

**Music:** Hands Up by Merk & Kreston (Feat. DNCE)

**(\*\*Sequence : A,B-,A,B,A,B-,A,B,AAA)**

## **PART A: 32 counts**

### **[1-8] SIDE BACK TOUCH (X2), V-STEP**

- 1-2      Step R to R, Touch L slightly behind R (Bring hands up during chorus on; "hands up")
- 3-4      Step L to L, Touch R slightly behind
- 5-6      Step R out to R diagonal, Step L out to L diagonal (Bring hands up during chorus)
- 7-8      Step R back to center, Step L back next to R

### **[9-16] ¼ JAZZ BOX CROSS, VINE**

- 1-2      Step R over L, Step L back
- 3-4      Making ¼ turn R step R to R, Step L over R (3:00)
- 5-8      Step R to R, Step L behind R, Step R to R, Step L next to R

**(Note: Counts 5-8 may be syncopated as weave. &5&6&7&8)**

### **[17-24] FORWARD TOUCH, BACK TOUCH, SIDE TOUCHES, ¼ TURN**

- 1-2      Step R forward, Touch L next to R (Bring hands up during chorus; "hands up")
- 3-4      Step L back, Touch R next to L
- 5-6      Step R to R, Touch L slightly behind R (Bring hands up on count 6)
- 7-8      Making ¼ turn L Step L forward (12:00), Touch R next to L

### **[25-32] STEP SLIDE TOUCH, HIP BUMPS (X2)**

- 1-2      Step R forward, Slide and touch L next to R
- &3&4      Bump hips L, R, L, R
- 5-6      Step L to L, Slide and touch R next to L
- &7&8      Bump hips R, L, R, L

## **PART B: 16 counts**

**[1-8] STEP, ¼ TOUCH, ¼ TURN, TOUCH, SIDE TOUCHES**

- 1-2** Step R forward, Making ¼ turn L Touch L next to R (9:00)  
**3-4** Making ¼ turn L Step L forward (6:00), Touch R next to L  
**5-8** Step R to R, Touch L next to R, Step L to L, Touch R next to L

**[9-16] REPEAT 1-8, SEE NOTE BELOW FOR HOLD**

**On count 5 for B-, step as normal, Hold counts 6-8. Shift weight to L before Part A**

**Styling note, on hold you may roll hips R to L**

**REPEAT AND HAVE FUN !!!!!**

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