

# Fast Hearts and Slow Towns

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Alison Biggs & Peter Metelnick - TheDanceFactoryUK - August 2019

**Music:** Fast Hearts and Slow Towns - Midland

**Start after 40 count intro approx. 21.5secs on the word 'Silverado' when they sing 'That Old Silverado Truck'**

**Music Available: Amazon - No Tags/Restarts**

**[1-8] Grapevine right, R chassé, L back rock/recover**

**1-4**            Step R side, cross step L behind R, step R side, cross step L over R

**5&6**            Step R side, step L together, step R side

**7-8**            Rock L back, recover weight on R

**[9-16] Grapevine left with ¼ L & R fwd, L fwd rock/recover, L coaster**

**1-4**            Step L side, cross step R behind L, turning ¼ left step L forward, step R forward (9 o'clock)

**5-6**            Rock L forward, recover weight on R

**7&8**            Step L back, step R together, step L forward

**[17-24] R diag fwd, lock L behind R, R lock step fwd on diagonal, L fwd rock/recover, L chassé turning ⅜th left**

**1-2**            On right diagonal step R forward, lock L behind R

**3&4**            On right diagonal step R forward, lock L behind R, step R forward

**5-6**            Rock L forward, recover weight on R

**7&8**            Step L to left side, step R together, turning ⅜th L step L forward (6 o'clock)

**[25-32] R fwd, ¼ L pivot turn, R cross shuffle, L side rock/recover, L behind/side/cross**

**1-2**            Step R forward, pivot ¼ left (3 o'clock)

**3&4**            Cross step R over L, step L side, cross step R over L

**5-6**            Rock L side, recover weight on R

**7&8**            Cross step L behind R, step R side, cross step L over R

**ENDING: To finish facing front wall on wall 10 execute counts 25-30 adding a ½ L turning coaster for counts 31&32to face front!**

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