

All My Life

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Bastiaan van Leeuwen (22 August 2019)

Music: "All I Need" by Michael Schulte (Album: Highs & Lows) Bpm : 119

Intro: 16 counts

Note: The beat from the music in wall 5 will slow down. Just keep on dancing until count 32. There you will do the restart and the beat will be at normal speed again.

S1: Heel grind R, coaster step R, heel grind L ¼ turn L, coaster step L

- 1 - 2** Rock R heel forward pointing toes to left, turn toes back to front turning on R heel & recover L,
- 3&4** Step R back, step L next to R, step R forward,
- 5 - 6** Rock L heel forward pointing toes to right, turn toes to left turning on L heel ¼ turn left & recover R (9:00)
- 7 &8** Step L back, step R beside L, step L forward,

S2: Dorothy step R, walk L-R rock L, recover R, shuffle ½ turn L

- 1-2&** Step R forward, cross L behind R, step R slightly to right side,
- 3 - 4** Walk L-R to left diagonal (6:30)
- 5-6** Rock L forward, recover R,
- 7 - 8** Turn ¼ turn left stepping L to left side, close R next to L, turn ¼ turn left stepping L forward (12:30)

S3: Rock R, recover L, side shuffle R ¼ turn right, rock L recover R, side shuffle 3/8 turn R

- 1 - 2** Rock R forward, recover L,
- 3&4 1/8 turn right stepping R to right side, close L next to R, 1/8 turn right stepping R forward (4:30)**
- 5 - 6** Rock L forward, recover R,
- 7&8** Turn 1/8 turn left stepping L to left side, close R next to L, turn ¼ turn left stepping L forward (12:00)

S4: Side rock, behind, side, forward, side rock, behind, side, forward

- 1 - 2 Rock R to right side, recover L,
3&4 Cross R behind L, step L beside R, step R forward,
5 - 6 Rock L to left side, recover R,
7&8 Cross L behind R, step R beside L, step L forward, Restart here in 5th wall facing (12:00)

S5: Rocking chair R, shuffle ½ turn L, rock L back , recover R

- 1-4 Rock R forward, recover L, rock R back, recover L,
5&6¼ turn L stepping R to right side, close L beside R, ¼ turn L stepping R back (6:00)
7-8 Rock L back, recover R,

S6: Walk forward L-R , kick ball step L, rocking chair L,

- 1-2 Walk forward L-R,
3&4 Kick L forward, step L ball of foot next to R, step R forward,
5-8 Rock L forward, recover R, rock L back, recover R,

S7: Shuffle ½ turn R, rock back R, recover L, walk forward R-L, kick ball step R,

- 1&2¼ turn right stepping L to left side, close R beside L, ¼ turn right stepping L back (12:00)**
3-4 Rock R back, Recover L,
5-6 Walk forward R-L,
7&8 Kick R forward, step R ball of foot next to L, step L forward,

S8: Rocking chair R, step R forward, ¼ turn L, step R forward, ¼ turn L

- 1-4 Rock R forward, recover L, rock R back, recover L
5-8 Step R forward, ¼ turn L on both feet, step R forward, ¼ turn L on both feet (6:00)

TAG: End of 2nd wall facing (12:00) at the next steps,

Out out, in, in.

- 1-2 Step R shoulder wide forward, step L shoulder wide forward,
3-4 Step R back on spot, step L next to R.

ENDING, to end dance on front wall just add following steps.

1-2 Step R forward ½ turn L.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=135828