

# I Can Do It

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Aris Liepins - August 2019

**Music:** I Can Do It by Rubettes (180 bpm)

**Intro: Start on main music beat**

## **2X SIDE SHUFFLES AND ROCK STEPS (RIGHT AND LEFT)**

- 1&2** Step right side, left close to right, right to right
- 3-4** Rock left back, recover
- 5&6** Step left side, right close to left, left to left
- 7-8** Rock back to right, recover

## **STEPS 2X OUT, 2X IN, KICK BALL CHANGE, PIVOT, STEP**

- 1-2** Step slightly forward-out right-left
- 3-4** Step slightly back-in right-left
- 5&6** Kick right forward, step next to left, bring weight to left
- 7&8** Step right forward, turn 1/2 left, bring weight to left

## **SHUFFLE BOX TURN**

- 1&2&** Step right side, left close to right, right to right turning on the ball 1/4 left
- 3&4&** Step left side, right close to left, left to left turning on the ball 1/4 left
- 5&6&** Step right side, left close to right, right to right turning on the ball 1/4 left
- 7&8** Step left side, right close to left, left to left (9:00)

## **2X TOUCHES, SAILOR STEPS(RIGHT AND LEFT)**

- 1-2** Touch right forward, touch right side
- 3&4** Cross right behind, left slightly to left-right together
- 5-6** Touch left forward, touch left side

**7&8** Cross left behind, right slightly to right-left together

### **SHUFFLES AND ROCK STEPS FORWARD AND BACK**

**1&2** Step right forward, left close to right, right

**3-4** Rock left forward, recover to right

**5&6** Step left back, right close to left, left

**7-8** Rock back to right, recover

### **2X HEEL-TOE-HEEL TOUCHES AND STEP(LEFT, RIGHT)**

**1-2-3-4** Touch slightly diagonally forward right heel, toe next to, left, forward heel, step right together

**5-6-7-8** Touch slightly diagonally forward left heel, toe next to right, forward heel, step left together

### **VINE TO RIGHT, ROLLING VINE TO LEFT**

**1-2-3-4** Step right side, cross left behind, right to right-left close to right (no weight)

**5-6-7-8** Step left side into turn 1/4 left-right to right into turn 1/4 left, left to left into turn 1/2 left-right close to left (no weight)

### **2X KNEE MOVEMENTS IN-OUT-IN AND STEP(RIGHT, LEFT)**

**1-2-3-4** Touch right ball slightly to right moving knee out, in, out, bring weight to right

**5-6-7-8** Touch left ball slightly to left moving knee out, in, out, bring weight to left

### **REPEAT**