

Movin' On (Chair Dance)

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Count: 48

Wall: —

Level: Advanced Chair dance

Choreographer: Rita Ensminger - August 2019

Music: Bright Lights, Big City by Sonny James

Alt. music: Jack The Wack by Mojo Blues Band

ROCKING CHAIR, POINT STEPS

1-4R forward. L in Place, R Back, L In Place

5-8R point side, R step together, L point side, L step together

SWIVELS AND HEEL STEPS

1-2 Swivel heels to right, swivel heels to left

3-4 Swivel heels to right, swivel heels to left

5-8R heel forward, R step together, L heel forward, R step together

KNEE CROSS, SHOULDER CROSS, SHOULDER NUDGES

1-2 Cross R hand to left knee, cross L hand to right knee

3-4 Cross R hand to left shoulder, Cross L hand to right shoulder

5-6 With arms crossed nudge R shoulder forward twice

7-8 With arms crossed nudge L shoulder forward twice

KNEE CROSS, SHOULDER CROSS, SHOULDER NUDGES

1-2 Cross R hand to left knee, cross L hand to right knee

3-4 Cross R hand to left shoulder, Cross L hand to right shoulder

5-6 With arms crossed nudge R shoulder forward twice

7-8 With arms crossed nudge L shoulder forward twice

JAZZ STEP

1-4R cross forward, L step in place, R step next to left, hold

5-8L cross forward, R step in place, L step next to right, hold

SAILOR STEPS

- 1&2** Cross R back behind left, L step side, R step fwd
- 3&4** Cross L back behind right, R step side, L step fwd
- 5&6** Cross R back behind left, L step side, R step fwd
- 7&8** Cross L back behind right, R step side, L step fwd

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=135754