

Don't Lay Your Head Down

LINEDANCE.COM

Count: 32

Wall: 4

Level: Novice

Choreographer: Romain Brasme (FR) & Marlon RONKES (NL) August 2019

Music: Don't Lay Your Head - Us the Duo

Start the dance at 00:28sec

[1-8] SHUFFLE W/ 1/4 TURN R - SHUFFLE W/ 1/2 TURN R - SHUFFLE W/ 1/2 TURN R - ROCKSTEP

1&2RF shuffle with 1/4 turn R : RF step forward with 1/4 turn R (1), together (&), RF step forward (2) 03:00

3&4LF shuffle backward with 1/2 turn R : LF step behind with 1/2 turn R (3), together (&), LF step behind (4) 09:00

5&6RF shuffle forward with 1/2 turn R : RF step forward with 1/2 turn R (5), together (&), RF step forward (6) 03:00

7-8LF rockstep forward : LF step forward (7), come back on RF (8)

[9-16] SHUFFLE - KICK BALL STEP - SKATE FORWARD X4

1&2LF shuffle backward : LF step behind (1), together (&), LF step behind (2)

3&4RF kick ball step forward : RF kick forward (3), together (&), LF step forward (4)

5-6RF skate (5), LF skate (6)

7-8RF skate (7), LF skate (8)

[17-24] CROSS - TOUCH - CROSS - TOUCH - STEP - BUMP - STEP - BUMP

1-2RF cross over LF (1), LF touch to the L side (2) - optional shimmy -

3-4LF cross over RF (3), RF touch to the R side (4) - optional shimmy -

5-6RF step to the R side (5), bump your hips right (6)

7-8LF step to L side (7), bump your hips left (8)

[25-32] ROCKING CHAIR - 1/4 TURN L - 1/4 TURN L

1-2RF rockstep forward : RF step forward (1), come back on LF (2)

3-4RF rockstep backward : RF step backward (3), come back on LF (4)

5-6RF step forward (5), 1/4 turn L (6) 12:00

7-8RF step forward (7), 1/4 turn L (8) 09:00

TAG 1 (16 counts, at the end of wall 2, 06:00)

[1-8] ROCKSTEP - SHUFFLE WITH 1/2 TURN R - ROCKSTEP - SHUFFLE WITH 1/2 TURN L

1-2RF rockstep forward : RF step forward (1), come back on LF (2)

3&4RF shuffle with 1/2 turn R : RF step forward with 1/2 turn R (3), LF next to RF (&), RF step forward (4) 12:00

5-6LF rockstep forward : LF step forward (5), come back on RF (6)

7&8LF shuffle with 1/2 turn L : LF step forward with 1/2 turn L (7), RF next to LF (&), LF step forward (8) 06:00

[9-16] ROCKSTEP - SHUFFLE WITH 1/2 TURN R - ROCKSTEP - SHUFFLE WITH 1/2 TURN L

1-2RF rockstep forward : RF step forward (1), come back on LF (2)

3&4RF shuffle with 1/2 turn R : RF step forward with 1/2 turn R (3), LF next to RF (&), RF step forward (4) 12:00

5-6LF rockstep forward : LF step forward (5), come back on RF (6)

7&8LF shuffle with 1/2 turn L : LF step forward with 1/2 turn L (7), RF next to LF (&), LF step forward (8) 06:00

TAG 2 (8 counts, at the end of wall 6 at 06:00 and at the end of wall 8 at 12:00)

[1-8] ROCKSTEP - SHUFFLE WITH 1/2 TURN R - ROCKSTEP - SHUFFLE WITH 1/2 TURN L

1-2RF rockstep forward : RF step forward (1), come back on LF (2)

3&4RF shuffle with 1/2 turn R : RF step forward with 1/2 turn R (3), LF next to RF (&), RF step forward (4)

5-6LF rockstep forward : LF step forward (5), come back on RF (6)

7&8LF shuffle with 1/2 turn L : LF step forward with 1/2 turn L (7), RF next to LF (&), LF step forward (8)

Have fun! romainbrasme@hotmail.fr

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=135721