

Caught Up In The Country

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Adrian Lefebour, Jessica Lamb & Cynthia Rennolds (AUS), July 2019

Music: Caught Up In The Country - Rodney Atkins (2.41)

Notes: 16 count intro from the start of the song

[1-8] Touch, Hitch, Step Together, Touch, Hitch, Step Together, Rock Fwd, Replace, Coaster Step

1,2& Touch R toe to R side, Hitch R knee up, Step R next to L

3,4& Touch L toe to L side, Hitch L knee up, Step L next to R

5,6 Rock R fwd, Replace weight on L

7&8R Coaster Step

[9-16] 1/2 Pivot Turn, Shuffle Fwd, 1/4 Paddle Turn, Cross Shuffle

1,2 Step L Fwd, 1/2 Pivot turn R (weight on R) (6.00)

3&4L Shuffle Fwd

5,6 Step R Fwd, 1/4 Paddle turn L (weight on L) (3.00)

7&8R Cross Shuffle - Step R across L, Step L to L side, Step R across L

[17-24] Side Rock, Replace, Behind, Side, Fwd, Rock Fwd, Replace, 1/2 Shuffle Fwd

1,2 Rock L to side, Replace weight on R

3&4 Step L behind R, Step R to R side, Step L fwd

5,6 Rock R fwd, Replace weight back on L

7&8 1/2 Turn R step R fwd, step L next to R, Step R fwd (9.00)

[25-32] Out, Out, In, In, Step Back, Heel, Together, Step Fwd, Kick Ball Step, 1/4 Paddle Turn

- &1&2** Step L Out to L side, Step R Out to R side, Step L in, Step R next to L
- &3&4** Step L slightly back, Place R heel at R 45, Ball Step R next to L, Step L fwd
- 5&6** Kick R fwd, Ball step R next to L, Step L fwd
- 7,8** Step R fwd, 1/4 Paddle turn L (6.00)

[33-40] Weave Across, Touch Side, Step Across, 1/4 Turn, Step Back, Touch Back

- 1,2** Step R across L, Step L to L side
- 3,4** Step R behind L, Touch L toe to L side (Slightly angling the body to R 45)
- 5,6** Step L across R, 1/4 Turn L step R back (3.00)
- 7,8** Step L back, Touch L toe back

[41-48] Heel, Together, Heel, Touch Toe, Step Back, Heel, Together, Heel, Touch Toe, Step Back, Heel, Together, Step Fwd

- 1&2** Place R heel fwd, Step R next to L, Place L heel fwd
- &3&4** Step L down, Touch R toe behind L, Step R back, Place L heel fwd
- &5&6** Step L next to R, Place R heel fwd, Step R down, Touch L toe behind R
- &7&8** Step L back, Place R heel fwd, Step R next to L, Step L fwd (3.00)

[49-56] 1/4 Paddle Turn, 1/4 Paddle Turn, Step Across, Step Side, Behind, Side, Heel

- 1,2** Step R fwd, 1/4 Paddle turn L (12.00)
- 3,4** Step R fwd, 1/4 Paddle turn L (9.00)
- 5,6** Step R across L, Step L to L side
- 7&8** Step R behind L, Step L slightly to side, Place R heel fwd to R 45

[57-64] Together, Step Across, 1/4 Turn, Coaster Step, Jazz Box Cross

- &1,2** Step R next to L, Step L across R, 1/4 Turn L step R back (6.00)

3&4L Coaster Step

5,6,7,8 Step R across, Step L back, Step R to R side, Step L across R

RESTART - Wall 3 - Start dance at 12.00 wall.

Do to count 53 then make a 1/4 L step L back, Rock R back and Replace weight fwd on L and start dance again at 12.00 wall

Option for Wall 3 & 4 - During the first 8 counts only add a Clap on every 2nd count.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=135634