

# Caught Up In The Country

LINEDANCE.COM

**Count:** 80

**Wall:** —

**Level:** Phrased Intermediate / Advanced

**Choreographer:** God Bless Country Music - August 2019

**Music:** Caught Up In The Country - Rodney Atkins - 124 BPM

**Intro : 16 Count - Sequence : A - A - B - B - C - D - C (1 to 8) - A - B - C - D - C - A - D - B - B - C**

## **PART A**

**[1 - 8] ROCK STEP, ½ TRIPLE, FULL TURN, TRIPLE FWD,**

**1 - 4RF fwd (1), Recover on LF (2), ¼ to R RF to R (3), LF beside RF (&), ¼ to R RF fwd (4),**

**5 - 8½ à LF behind (5), ½ to R RF fwd (6), LF fwd (7), RF beside LF (&), LF fwd (8),**

**[9 - 16] KICK BALL CROSS X2, MONTEREY ¼,**

**1 & 2** Kick RF diag L (1), RF beside LF (&), Cross LF over RF (2),

**3 & 4** Kick RF diag L (3), RF beside LF (&), Cross LF over RF (4),

**5 - 8** Point RF to R (5), ½ to R et RF beside LF (6), Point LF to L (7), LF beside RF (8),

## **PART B**

**[1 - 8] STEP, ¼ LEFT, TRIPLE CROSS, ¼ RIGHT X2, TRIPLE CROSS,**

**1 - 4RF fwd (1), ¼ to L (2), Cross RF over LF (3), LF to L (&), Cross RF over LF (4),**

**5 - 8¼ to R LF behind (5), ¼ to R RF to R (6), Cross LF over RF (7), RF to R (&), Cross LF over RF (8),**

**[9 - 16] SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BEHIND ¼ STEP,**

**1 - 4RF to R (1), Recover on LF (2), Cross RF behind LF (3), LF to L (&), Cross RF over LF (4),**

**5 - 8LF to L (1), Recover on RF (2), Cross LF behind RF (3), ¼ to R RF fwd (&), LF fwd (4),**

## **PART C**

**[1 - 8] ROCKING CHAIR, VINE CROSS,**

**1 - 4RF fwd (1), Recover on G (2), RF behind (3), Recover on LF (4),**

**5 - 8RF to R (5), Cross LF behind RF (6), RF to R (7), Cross LF over RF (8),**

**RESTART HERE AT THE SECOND EXECUTION OF PART C**

**[9 - 16] ROCKING CHAIR, WEAVE,**

**1 - 4RF fwd (1), Recover on LF (2), RF behind (3), Recover on LF (4),**

**5 - 8** Cross RF over LF (5), LF to L (6), Cross RF behind LF (7), LF to L (8),

**[17 - 24] STEP, TURN, TRIPLE FWD, STEP, TURN, TRIPLE FWD,**

**1 - 4RF fwd (1), ½ Turn L (2), RF fwd (3), LF beside RF (&), RF fwd (4),**

**5 - 8LF fwd (1), ½ Turn R (2), LF fwd (3), RF beside LF (&), LF fwd (4),**

**[25 - 32] ROCKING CHAIR, JAZZ BOX,**

**1 - 4RF fwd (1), Recover on LF (2), RF behind (3), Recover on LF (4),**

**5 - 8** Cross RF over LF (1), LF behind (2), RF to R (3), LF fwd (4),

**PART D**

**[1 - 8] SWITCH HEEL, SWITCH POINT, STEP LOCK STEP X2,**

**1&2&** Right Heel fwd (1), RF beside LF (&), Left Heel fwd (2), LF beside RF (&),

**3&4&** Point RF to R (3), RF beside LF (&), Point LF to L (4), LF beside RF (&),

**5 - 8RF fwd (5), Lock LF behind RF (&), RF fwd (6), LF fwd (7), Lock RF behind LF (&), LF fwd (8),**

**[9 - 16] VAUDEVILLE RIGHT & LEFT, STEP, TURN, STEP X2,**

**1&2&** Cross RF fwd LF (1), LF to L (&), Right Heel diag L (2), RF beside LF (&),

**3&4&** Cross LF fwd RF (1), RF to R (&), Left Heel diag G (2), LF beside RF (&),

**5 - 8RF fwd (5), ½ Turn L (6), RF fwd (7), LF fwd (8),**