

# A Fire In My Heart

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**Count:** 32                      **Wall:** 4                      **Level:** Absolute Beginner

**Choreographer:** Frédérique Sorolla (France - July 2018)

**Music:** There Is a Fire by National Park Radio ( July 2016)

**Structure of the dance :** 32 /32/32/32 // 32/32/32/32 // 24 / Hold + 8 / 32 / 24 / Hold + 8  
+ 1/4T to R & Stomp R

**No Tag, No Restart**

**Proposed in workshop at the American Days of Saint Andiol (France, August 03 2019).**  
**Many thanks to Valérie Martinez**

**Introduction :** After the violin solo, count 32 accounts

**I ( 1 - 8 ) - ROCK STEP SIDE R, 3 STOMPS ON PLACE\* - ROCKSTEP SIDE L , 3 STOMPS ON PLACE\***

**1,2right step to right side, recover on left foot to left**

**3&4 3 stomps R / L / R : right foot next to left foot, then on place left and right feet**

**5,6left step to left side, recover on right foot to right**

**7&8 3 stomps L / R / L : left foot next to right foot, then on place right and left feet**

**II ( 9 - 16 ) - TRIPLE STEP FWD R/L/R & L/R/L - R HEEL FWD, TOGETHER, L TOUCH BACK , 3 STOMPS ON PLACE\*\***

**1&2pas chassé forward R / L / R : right step forward, left foot close to right foot, right step forward**

**3&4pas chassé forward L / R / L : left step forward, right foot close to left foot, left step forward**

**5&6right heel forward, right foot next to left foot, left toe back**

**7&8 3 stomps L / R / L : left foot next to right foot, then on place right and left feet**

**III ( 17 - 24 ) - ROCKSTEP FWD, 1/4T TO R with R STOMP SIDE to R , 2 STOMPS ON PLACE - JAZZ BOX**

**1,2right step forward, recover on left foot back**

**3&41/4T to right with right stomp to right side, then on place left and right stomps 3H**

**5,6left cross over right foot, right step back**

**7,8left step to left side, right step forward**

**HERE : In the 3 round, end of the 1st wall facing 3am, and after end of the 3rd wall facing 9am, there is a musical break. Make a HOLD (4 quick counts), then do Section IV IV (25 - 32) - L HEEL FWD, TOGETHER, R HEEL FWD, TOGETHER - (CROSS SHUFFLE SIDE R) X 2**

**1,2left heel forward, left foot close to right foot**

**3,4right heel forward, right foot close to left foot**

**5&6left cross over right foot, right step side to right, left cross over right foot**

**&right step side to right**

**7&8left cross over right foot, right step side to right, left cross over right foot**

**HERE : At the last wall to finish facing 12H, add 1/4T TO R with R STOMP on the right**

**GOOD LUCK AND HAVE FUN !**

**More difficult option for insiders, instead of 3 stomps on place :**

**\* COASTER STEP : R/L/R for the 1st - L/R/L for the 2nd**

**\*\* L HEEL FWD, TOGETHER, R TOUCH BACK**

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