

At Least You Cried

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Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Roger(leftfoot)Hunter (December 2019)

Music: "At Least You Cried" by Midland

Intro 16 cts in. 2 Tags* + Easy Repeats**

S-1) Shuffle Forward R & L,Sweep Back x 4

1&2,3&4 Step R forward, step L together, step R forward, Step L forward, step R together step L forward.

(option triple ½, triple ½)

5,6,7,8 Step back on R,sweep L back,sweep R back,sweep L back.

S-2) Rock Back, Recover,Side Behind ¼ , ¼, R,Cross L Over R

1,2,3,4 Rock back on R, Rec on L, Step R to side,Step L behind R

5,6,7,8 Step R ¼ turn R,Step forward (pivot) on L,recover on R,cross L over R.

S- 3) Step R,Cross & Cross,Rock Rec. Cross & Cross,Step L

1,2&3,4step R to R,cross L over R,step R to R,cross L over R,step(rock) R to R.

5,6&7,8recover on L,cross R over L,step L to L,cross R over L,step L to L.

(option step R ¼,triple ½,step R ¼, step L 1/4 , triple ½,step L ¼)

S- 4)Rock Rec,Side Together Cross,Step,Behind Side Rock,Recover

1,2,3,4rock back on R,recover on L,step R to R side, step (slide) L next to R,

5,6,7,8cross R over L,step L to L,Step (rock) R behind L,recover on L. (*) (**)

*** Tag (at the end of wall 1) *Tag (at the end of wall 5 after repeat)**

Rocking Chair

1,2,3,4rock forward on R,recover on L,rock back on R,recover on L.

(option) step R forward,pivot ½ on L, step R forward,pivot ½ on L

**** Repeats (dance S-3 & S-4)**

Wall 1-Tag*

Wall 2-Repeat**

Wall 3-No Tag or Repeat

Wall 4-Repeat (x 2)**

Wall 5-Repeat + tag***

Wall 6-Repeat (x2)**

Note...the music falls off a little on wall 5, just dance through it.

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