

Just Shut Up

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Count: 48

Wall: 4

Level: Beginner / Improver

Choreographer: Cathy Snow - August 2019

Music: "Shut Up About Politics" by John Rich & featuring The Five

Intro: 16 counts

[1-8] TOE-HEEL, STOMP (R,L), HOLD, RIGHT ROCK & CROSS, LEFT ROCK & STEP

- 1&2** Touch R toe beside L with knee pointing toward L. Touch R heel forward with toe pointing outward. Stomp R in front of L, hold
- 3&4** Touch L toe beside R with knee pointing toward R. Touch L heel forward with toe pointing outward. Stomp L in front of right, hold.
- 5&6** Rock R side, cross R over L
- 7&8** Rock L side, cross L over R

[9-16] TOE STRUTS, DOUBLE KICK, COASTER STEP, TOE HEEL STRUT, DOUBLE KICK, COASTER STEP

- 1-2** Step forward right toe, drop right heel taking weight.
- 3-4** Step forward left toe, drop left heel taking weight.
- 5-6** Low kick right foot forward. (two times)
- 7&8** Step right back, step left together & step right forward.

[17-24] TOE STRUTS, DOUBLE KICK, COASTER STEP, TOE HEEL STRUT, DOUBLE KICK, COASTER STEP

- 1-2** Left toe, step down on left heel.
- 3-4** Right toe, step down right heel.
- 5-6** Low kick left foot forward. (two times)
- 7&8** Step left back. Step right together & step left forward.

[25-32] LOCK STEP, SHUFFLE; LOCK STEP, SHUFFLE

- 1-2** Step right forward, cross left behind right,
- 3&4** Shuffle right, left right
- 5-6** Step left forward, cross right behind left;

7&8 Shuffle left, right, left

[33-40] ¼ RIGHT MONTEREY TURN; JAZZ BOX

1-2 Touch right side, turn ¼ right and step right together

3-4 Touch left side, step left together

5-6 Cross right over left; step back left

7-8 Step right side; step left forward

[41-48] LINDY RIGHT, LINDY LEFT

1&2 Shuffle right, left, right to right side

3-4 Rock back on left behind right, recover right

5&6 Shuffle left, right, left to left side

7&8 Rock back on right behind left, recover left

NO TAGS or RESTARTS