

Caminando Por La Vida

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Colin Ghys (Bel) August 2019

Music: Caminando Por La Vida by Yano - 3'34

Info: Start the dance after 24 seconds, on the first beat of guitar

S.1 Step Right, Rock Back, Recover, Step $\frac{1}{4}$ L, Chase Turn L, Full Turn, Mambo Kick L

1-2&3RF. Step to right side - LF. Cross behind RF - RF. Recover weight - LF. $\frac{1}{4}$ left step fwd (9:00)

4&5RF. Step fwd - LF & RF. $\frac{1}{2}$ turn L - RF. Step fwd (3:00)

6-7LF. $\frac{1}{2}$ turn R step back - RF. $\frac{1}{2}$ turn R step fwd (3:00)

8&1LF. Rock fwd - RF. Recover weight - LF. Low kick fwd

S.2 Step, Touch, Step Kick, Step Touch, Rumba Box, (Restarts*)

&2LF. Step back - RF. Touch Fwd RF (with knee creased)

&3RF. Step back - LF. Low kick fwd

&4LF. Step back - RF. Touch Fwd RF (with knee creased)

5&6RF. Step to right - LF. Close beside RF - RF. Step fwd

7&8LF. Step to left - RF. Close beside LF - LF. Step back

RESTART here wall 3 (9:00) and wall 8 (12:00)

S.3 Chasse Right, $\frac{1}{4}$ Chasse Left, $\frac{1}{4}$ Modified Jazz-box R with Shimmies

1&2RF. Step to R - LF. Close beside RF - RF. Step to R

3&4LF. $\frac{1}{4}$ turn L Step to L - RF. Close beside LF - LF. Step to L (12:00)

5-8RF. Cross over LF - LF. $\frac{1}{4}$ Turn R step back (3:00) - RF. Step to R - LF. Step Fwd

S.4 Mambo Step, Mambo Step, Touch Back, $\frac{1}{2}$ Turn Unwind R. Big Step Fwd. Touch

1&2RF. Rock fwd - LF. Recover, RF. Step back

3&4LF. Rock back - RF. Recover, LF. Step fwd

5-6RF. Touch back - ½ Turn R unwind (take weight on R)

7-8LF. Make a big step fwd - RF. Touch beside LF

Restarts*:

Wall 3 after 16 counts at 9 o'clock

Wall 8 after 16 counts at 12 o'clock

Ending of the dance: Wall 12, after 16 counts, facing 6 o'clock point RF back and make ½ to R to finish at 12 o'clock

Start Again and enjoy this dance ;-)

More informations? super-colin@hotmail.com