

I'm Outta Salt

LINEDANCE.COM

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Suzi Beau - July 2019

Music: Ava Max- Salt

Music: AVA MAX- SALT - The track was given to me to write to and is currently Pre-Release

Music available on Ava Max Soundcloud. Written especially for workshop in Somerset, Released only for that purpose.

INTRO - 16 counts

SECTION 1: SIDE BACK ROCK , CHASSE $\frac{1}{4}$ STEP $\frac{1}{2}$ L SHUFFLE

1,2,3 Step L to L Side, Rock back on R, Recover L

4&5 Step R to R side, Close L to R, Turn $\frac{1}{4}$ R stepping R forward (3:00)

6.7 Step forward on L, Pivot $\frac{1}{2}$ (9:00)

8&1 Shuffle forward L, Stepping L,R,L

SECTION 2: FORWARD ROCK, SHUFFLE BACK, BACK ROCK , FORWARD SIDE ROCK

2,3 Rock forward on R, Recover L

4&5 Step back on R, close to R, Step back R

6,7 Rock Back on L Recover on R

8&1 Step forward on L, Rock R to R side, Recover L

SECTION 3: POINT FORWARD POINT SIDE, FORWARD SIDE ROCK POINT FORWARD POINT SIDE SAILOR $\frac{1}{4}$

2,3 Point R Forward Point Right to the side

4&5 Step forward on R, Rock out to L Side Recover R

6,7 Point L Forward Point L to the side

8&1 Turn $\frac{1}{4}$ L Stepping behind on L, Step R to R side, Step L to L side (6:00)

SECTION 4: FORWARD ROCK SHUFFLE HALF, CHASSE $\frac{1}{4}$ HOLD

2,3 Rock forward on R, Recover L

- 4&5 Shuffle $\frac{1}{2}$ stepping R forward close L to R step R forward (12:00)
- 6&7 Turn $\frac{1}{4}$ R L to L Side , Close R to L, Step L to Left Side, (3:00)
- 8 Hold (drag L to R)

SECTION 5: BALL CROSS SIDE BACK , 1/8, BACK SIDE 1/8, FORWARD 1/8 FORWARD SIDE 1/8 COASTER STEP

- &1,2,3 Step on ball of R, Cross L over R, Step R to R Side , Turn 1/8 L stepping back on L (1:30)
- 4&5 Step back on R, Step L to Left Side Straighten up to 12:00, Turn 1/8 L Stepping fwd R (10:30)
- 6,7 Step forward on L, Turn 1/8 L Stepping R to R side (9:00)
- 8&1 Step back on L, Close R to L, Step Forward on L

Restart here on wall 5, Replace the coaster step with a Sailor $\frac{1}{4}$ L, last step of the sailor will be count 1 on the dance

SECTION 6: FORWARD ROCK WALK BACK BACK $\frac{1}{2}$ R, STEP PIVOT 1/2

- 2,3 Rock forward on R, Recover L,
- 4,5 Walk back R, L
- 6,7 Turn $\frac{1}{2}$ R Stepping forward on R, Step forward on L (3:00)
- 8 Pivot $\frac{1}{2}$ R taking weight onto R

SECTION 7: FORWARD TOUCH KICK AND STEP, FORWARD TOUCH KICK AND STEP

- 1,2 Step forward to L angling body to R diagonal, Touch R by left
- 3&4 Kick R to R diagonal, Step on ball of R, Step forward on L travelling towards R diagonal
- 5,6 Step forward on R angling body to L diagonal, Touch L by R
- 7&8 Kick L to L diagonal , Step on ball of L, Step forward R travelling towards L diagonal

SECTION 8: SIDE HOLD & SIDE TOUCH , $\frac{1}{4}$, $\frac{1}{2}$ COASTER CROSS

- 1,2 Step L to L side, Hold (Straightening up to 3:00)
- &3,4 Close R to L, Step L to L Side, Touch R by L
- 5,6 Turn $\frac{1}{4}$ R stepping R forward , Turn 1/2 R stepping L back
- 7&8 Step back on R, Close L to R, Cross R over L

RESTART WITH STEP CHANGE

Restart on wall 5, Section 5 Replace the coaster step with a Sailor $\frac{1}{4}$ L, last step of the sailor will be count 1 on the dance

Special Thanks to Carina for the track suggestion

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=135248