

24 Seven - Easy (DK)

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Count: 64 **Wall:** 4 **Level:** Beginner

Choreographer: Lene Mainz Pedersen (Denmark) July 2019

Music: 24/7 by Scarlet Pleasure.. iTunes

Intro: 16 Counts from heavy beat, start on lyrics

NO TAGS AND NO RESTARTS

[Sec. 1] LOCK STEP R, SCUFF, LOCK STEP L, SCUFF

1 - 4 Step fw on R, Lock L Behind R, Step fw on R, Scuff L

5 - 8 Step fw on L, Lock R Behind L, Step fw on L, Scuff R

[Sec. 2] K-STEP

1 - 4 Step R to R diagonal, Touch L beside R, Step L back to L diagonal, Touch R beside L

5 - 8 Step R back to R diagonal, Touch L beside R, Step L fw to L diagonal, Touch R beside L

[Sec. 3] ROCK R, L, R, L, VINE R, SCUFF

1 - 4 Rock R, Rock L, Rock R, Rock L (Bounce)

5 - 8 Step R to R side, Cross L behind R, Step R to R side, Scuff L

[Sec. 4] VINE 1/4 L, TURN 1/4 HITCH, ROCK R, L, R, L

1 - 4 Step L to L side, Cross R behind L, Turn 1/4 L step L fw, Hitch R knee while turning 1/4 L
(6:00)

5 - 8 Rock R, Rock L, Rock R, Rock L (Bounce)

[Sec. 5] CHASSE R, BACK ROCK, KICK BALL CHANGE X2

1 & 2 Step R to R side, Step L beside R, Step R to R side

3 - 4 Rock back on L, Recover on R

5 & 6 Kick L to L diagonal, Step L down, Step small step fw on R

7 & 8 Kick L to L diagonal, Step L down, Step small step fw on R

[Sec. 6] CHASSE L, BACK ROCK, KICK BALL CHANGE X2

- 1 & 2** Step L to L side, Step R beside L, Step L to L side
- 3 - 4** Rock back on R, Recover on L
- 5 & 6** Kick R to R diagonal, Step R down, Step small step fw on L
- 7 & 8** Kick R to R diagonal, Step R down, Step small step fw on L

[Sec. 7] VINE R, POINT L, TURN 1/4 L, TURN 1/2 L, CHASSE 1/4 L

- 1 - 4** Step R to R, Cross L behind R, Step R to R side, Point L to L
- 5 - 6** Turn 1/4 L step L fw, Turn 1/2 L stepping back on R (9:00)
- 7 & 8** Turn 1/4 L step L to L side, Step R beside L, Step L to L side (6:00)

[Sec. 8] JAZZ BOX, CROSS, 1/4 MONTEREY R

- 1 - 4** Cross R in front of L, Step back on L, Step R to R side, Cross L in front of R **
- 5 - 8** Point R to R side, Turn 1/4 R while stepping R beside L, Point L to L side, Step L beside R (9:00)

Begin Again and enjoy the music

**** ENDING: Last Wall - after Count 4 in Sec. 8 - make a 1/2 Monterey R to face (12:00)**

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