

Hands Up

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Count: 48 **Wall:** 1 **Level:** Improver

Choreographer: Rhonda Diamond & Tish Rosevear - July 2019

Music: HANDS UP by Merk & Kremont

STEP R FORWARD, HOLD & SNAP, L ½ PIVOT BACK, ¼ LEFT w/R, L SAILOR W/ ¼ TURN L, R FWD ROCK, RECOVER

1-2 Step forward R, with body angled toward left, hold & snap R hand high

3-4½ Turn L (back) step L, ¼ Left, step R (to face 3:00)

5&6L Sailor w/ ¼ turn L (to face 12:00)

7-8 Fwd Rock R, recover L

R COASTER, L KICK BALL CHANGE, FAST WEAVE STARTING LEFT FRONT

1&2 Step back R, step L next to R, step R forward

3&4 Kick L, step L next to R, step R next to L finishing at 1:00

5&6& Fast R weave starting L over R, ending on ct. 8 (to face 12:00)

7&8

SLIDE R, HOLD, SIDE SHUFFLE L-R-L, ¼ LEFT, PIVOT ½, FWD WALKS R,L

1-2 Slide R to Right, hold

3&4 Shuffle L-R-L to left

5-6¼ turn L (to face 9:00) step R fwd, pivot half to L step L

7-8 Walk forward R-L

RIGHT MAMBO FORWARD, L COASTER w ¼ turn L, R Rocking Chair

1&2 Step R forward, recover L, step R next to L

3&4 Step L back, recover R, step L ¼ turn L (to face 12:00)

5-6 Rock forward R, recover L

7-8 Rock back R, recover L

(Restart here on wall 5)

4 SLOW TOE STRUTS, R-L-R-L

- 1-2** Press R toe diagonal forward, place heel down
- 3-4** Press L toe diagonal forward, place heel down
- 5-6** Press R toe diagonal forward, place heel down
- 7-8** Press L toe diagonal forward, place heel down

STEP R OUT, L OUT & CROSS, FULL TURN, STOMP, HOLD, R HEEL-TOE-HEEL SWIVELS TO LEFT

- 1-2&** Step R out to R Diagonal, Step L to L diagonal, (heels optnl) Step R next to L
- 3-4** Cross L over R, full 360 turn to R
- 5-6** Big Stomp R to R Side (Arms Across Chest, optnl), Hold 6 shifting weight to L
- 7&8** Swivel R heel L, swivel R toes L, swivel R heel L, ending with weight on left

Last Update - 28 July 2019