

Train Swing

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Niels Poulsen (DK): July 2019

Music: Lover Please by Billy Swan. 143 bpm. : 2.49. Album 'Greatest Hits'. iTunes etc

Intro: 16 counts from beginning of track. App. 7 secs. into track. Start with weight on L foot

OBS!!! NO TAGS - NO RESTARTS!

[1 - 8] R side rock, R cross shuffle, box ½ R, L chassé

- 1 - 2** Rock R to R side (1), recover onto L (2) 12:00
- 3&4** Cross R over L (3), step L to L side (&), cross R over L (4) 12:00
- 5 - 6** Turn ¼ R stepping back on L (5), turn ¼ R stepping FORWARD on R (6) 6:00
- 7&8** Step L to L side (7), step R next to L (&), step L to L side (8) 6:00

[9 - 16] R back rock, R kick ball cross X 2, R side rock ¼ L

- 1 - 2** Rock back on R (1), recover onto L (2) 6:00
- 3&4** Kick R fwd (3), step R next to L (&), cross L slightly over R (4) 6:00
- 5&6** Kick R fwd (5), step R next to L (&), cross L slightly over R (6) 6:00
- 7 - 8** Rock R to R side (7), turn ¼ L when recovering onto L (8) 3:00

[17 - 24] Cross point, cross point, R jazz box, cross

- 1 - 4** Cross R over L (1) point L to L side (2), cross L over R (3), point R to R side (4) 3:00
- 5 - 8** Cross R over L (5), step back on L (6), step R to R side (7), cross L over R (8) 3:00

[25 - 32] R step diagonal, together, heel bounces X 2, repeat to L diagonal

- 1 - 2** Step R into R diagonal (body stays facing 3:00) (1), step L next to R (2) ...

Fun styling: swing both hands backwards brushing hips (1), swing both hands forwards brushing hips (2) 3:00

- &3&4** Lift both heels off the floor (&), push heels into floor and clap hands (3), repeat heel bounces and clap hands (&4) 3:00

5 - 6 Step L into L diagonal (body stays facing 3:00) (5), step R next to L (6) ...

Fun styling: swing both hands backwards brushing hips (5), swing both hands forwards brushing hips (6) 3:00

&7&8 Lift both heels off the floor (&), push heels into floor and clap hands (7), repeat heel bounces and clap hands (&8) 3:00

Start Again!

Ending When doing wall 12 you automatically finish counts 25 - 32 facing 12:00 12:00