

# Get a Little Southbound

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**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Pam Wingo (with Rose Napolitan Prim & Kim Moseley McFarlane) July 2019

**Music:** Carrie Underwood - Southbound

## SECTION 1: Walks (2 x's), Shuffle forward, Rock step, Turning shuffle

**1-2: Walk R (1), walk L (2)**

**3&4: Step forward R (3), step L foot next to R (&), step forward on R (4)**

**5-6: Rock forward on L (5), recover weight to R (6)**

**7&8: Step back on L making 1/2 turn(7), step back on R making 1/2 turn (&), Step L foot next to R (8) \*\***

**\*\*ALTERNATE STEP: shuffle back w/no turn L,R,L**

## SECTION 2: SAILOR R, SAILOR L, HEEL SWITCHES, BIG STEP FORWARD

**1&2: Step R foot behind L (1), Step L foot to side (&), Step R foot next to L (2)**

**3&4: Step L foot behind R (3), Step R foot to side(&), Step L foot next to R (4)**

**5&6&: Touch R heel forward (5), bring R foot in next to L (&), touch L heel forward (6), bring L foot in next to R (&)**

**7-8: Take a big step forward w/R (7), slide L foot next to R, putting weight on L (8)**

## SECTION 3: WALKS (4 x's), TOE, HEEL STOMPS (2 x's)

**1-4: Step forward on R (1), Step w/L making 1/4 turn L (2), step forward on R making 1/4 turn L (3), step forward on R making 1/4 L (4) (3:00 wall)**

**5&6: Touch R toe next to instep of L (5), touch R heel to instep of L (&), stomp R foot forward (6)**

**7&8: Touch L toe next to instep of R (7), touch L heel to instep of R (&), stomp L foot forward (8)**

## SECTION 4: KICK & POINT (2 x's), STEP PIVOT (2 x's)

**1&2: Kick R foot out to front (1), step R foot next to L (&), point L toe to side(2)\***

**3&4: Kick L foot out to front (3), step L foot next to R (&), point R toe to side (4)**

**5-8: Step forward on R (5), make a 1/2 turn L (6), step forward on R (7), make a ½ turn L (8)**

### **SECTION 5: SHUFFLE R W/ROCK STEP, SHUFFLE L W/ROCK STEP**

**1&2: Step R to R (1), step L next to R (&), step R to R (2)**

**3-4: Rock L foot behind R (3), recover weight to R (4)**

**5&6: Step L to L (5), step R next to L (&), step L to L (6)**

**7-8: Rock R foot behind L (7), recover weight to L (8)**

### **SECTION 6: R VAUDEVILLE STEP, L VAUDEVILLE STEP**

**1-2: Step R foot to R (1), cross L behind R (2)**

**&3&4&: step R to R (&), touch L heel forward(3), step L foot next to R (&), cross R foot over L (4)**

**5-6: Step L foot to L(5), cross R foot behind L (6)**

**&7& 8: Step L foot to L (&),touch R heel forward(7),step R foot next to L (&), cross L foot over R(8)**

**NO TAGS OR RESTARTS!! Begin dance again!**

**Any questions, please contact me at: [pamdances@icloud.com](mailto:pamdances@icloud.com)**

**Last Update - 20 July 2019**