

# Here in My Arms (P)

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**Count:** 40

**Wall:** —

**Level:** Improver Partner / circle

**Choreographer:** Lyndy - July 2019

**Music:** "All to Myself" by Dan & Shay

**For the "Lyndy & Friends Country Dance Workshop & Anniversary Dance" on Long Island**

**Starts: Indian Position (Man behind woman facing to the outside of the circle, hands joined at shoulder)**

**L SIDE STEP TOUCH R, R SIDE STEP TOUCH L, LYNDY LEFT**

- 1-2 Step L to left side, touch R next to L
- 3-4 Step R to right side, touch L next to right
- 5&6 Step L to left side, step R next to L, step L to left side
- 7-8 Rock R behind L, recover L

**2 SHUFFLES TURNING  $\frac{3}{4}$  LEFT WHILE TRAVELING REVERSE LOD, ROCK & RECOVER, SHUFFLE  $\frac{1}{2}$  RIGHT TOWARD LOD**

- 9&10 Step R to right side, step L next to R, turn  $\frac{1}{4}$  L and step back on R

**(Break R hands, joined L hands go over man's head)**

- 11&12 Turn  $\frac{1}{4}$  left and step L to left side, step R next to L, turn  $\frac{1}{4}$  left and step forward L (facing Rev. LOD, joined L hands over lady's head)
- 13-14 Rock forward R, recover L (Join R hands, break L hands)
- 15&16 Turn  $\frac{1}{4}$  right and step R to right side, step L next to R, turn  $\frac{1}{4}$  right and step forward R (R hands pass over man's head, rejoin hands in cape position, couple is facing LOD)

**$\frac{1}{4}$  PIVOTS/SIDE STEPS RIGHT, LYNDY LEFT (Man moves behind Woman)**

- 17-18 Woman: Step forward L, pivot  $\frac{1}{4}$  right onto R
- 17-18 Man: Side step L, step R next to L completing  $\frac{1}{4}$  turn (Man now behind woman, facing outside of circle)
- 19-20 Woman: Step forward L, pivot  $\frac{1}{4}$  right onto R
- 19-20 Man: Side step L, step R next to L completing  $\frac{1}{4}$  turn (Man now behind woman, facing RLOD)

**21&22** Step L to left side, step R next to L, step L to left side

**23-24** Rock R behind L, recover L

**TRIPLE IN PLACE WITH ½ TURN LEFT (into cape position facing LOD), ROCK & RECOVER, 2 STEP TURN (WALKS), SHUFFLE FORWARD L-R-L**

**25&26** Woman: Shuffle in place R-L-R while turning ½ left

**25&26** Man: Shuffle forward and to the right R-L-R while turning ½ left (man is now on woman's left in a cape position, facing LOD)

**27-28** Rock back L, recover R

**29-30** Woman: Turn ½ right and walk back on L, turn ½ R and walk forward on R (break L hands, joined R pass over woman's head, return to cape position)

**29-30** Man: Walk forward L, walk forward R

**31&32** Step forward L, step R next to L, step forward L

**¼ TURN PIVOT, ¼ TURN PIVOT, ¼ TURN INTO SWAY R-L-R TOUCH L**

**33-34** Step forward R, pivot ¼ left onto L (break R hands, joined L pass over man's head on counts 33-36 then over woman's head on counts 37-38)

**35-36** Step forward R, pivot ¼ left onto L

**37-40** Turn ¼ left and sway on R to right side, sway left onto L, sway right onto R, touch L next to R (return to start/Indian Position on 39-40)

**For More Information or Dance Instruction, Contact:**

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