

# My Own Hero

LINEDANCE.COM

**Count:** 16

**Wall:** 4

**Level:** Improver - Rolling 8 Count

**Choreographer:** Christina Yang (KOR) - July 2019

**Music:** My Own Hero by Andy Grammer

**\*\* I made this work was inspired by dance of Min Line dance who one of the most famous line dance performance group in Korea \*\***

**Start the dance on lyrics "Life"**

**SECTION 1: 3 STEPS RUNNING TO FORWARD, 3 STEPS RUNNING TO BACKWARD, LONG STEP TO BACK, COASTER, FORWARD, 1/2 TURN TO L WITH CHASE TURN, 1/4 TURN TO R WITH SIDE, 1/2 TURN TO R WITH SWEEP, SAILOR STEP**

**1&aLF forward, RF forward, LF forward**

**2&aRF backward, LF backward, RF backward**

**3LF long step to backward**

**4&aRF backward, LF closed RF, RF forward**

**5LF forward**

**6&aRF forward rock, 1/2 turn to L with LF recover, RF forward**

**7 1/4 turn to R with LF side and 1/2 turn to R with RF sweep from front to back**

**8&aRF cross behind LF, LF closed RF, RF forward**

**SECTION 2: CROSS, 1/8 TURN TO L WITH HITCH, CROSS, 1/8 TURN TO R WITH HITCH, FORWARD ROCK, RECOVER, 1/2 TURN TO L WITH FORWARD, FORWARD, FORWARD AND 1/2 TURN TO R, FORWARD, 1/2 TURN TO R WITH PIVOT, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE**

**1&aLF cross over RF, 1/8 turn to L while RF hitch(&a)**

**2&aRF cross over LF, 1/8 turn to R while LF hitch(&a)**

**3LF forward rock**

**4&aRF recover, 1/2 turn to L with LF forward, RF forward**

**5LF forward and 1/2 turn to R(weight on LF)**

**6&aRF forward, LF forward, weight change to RF while 1/2 turn to R**

**7&aLF cross rock, RF recover, LF side**

**8&aRF cross rock, LF recover, RF side**

**NO TAG, NO RESTART**

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