

# Worn Out Heart

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**Count:** 48      **Wall:** 2      **Level:** Improver

**Choreographer:** Charles and Sandra (U.K) (July 2019)

**Music:** Worn Out Heart by Sunny Sweeney - iTunes

## Intro: 32 counts - 1 Restart

### (Section 1) Step, ¼ pivot, Right Shuffle, Forward Rock, ¼ Shuffle

1 2      Step Right Forward, Pivot ¼ Left 9:00

3&4      Step Right Forward, Step Left beside Right, Step Right Forward

5 6      Rock Forward on Left, Recover on Right

**7&8¼ Turn Left Stepping Left to Side, Step Right beside Left, Step Left to Side 6:00**

### (Section 2) Cross Shuffle, Side Rock, Behind Side Cross, Side Rock

1&2      Cross Right over Left, Step Left to Side, Cross Right over Left

3 4      Rock Left out to Left side, Recover on Right,

5&6      Cross Left Behind Right, Step Right to Side. Cross Left over Right

7 8      Rock Right out to Right Side, Recover on Left

### (Section 3) Dwight Swivels, ½ Pivot, Kick Ball Change

1      Swivel Left heel Right touching Right toe beside Left foot

2      Swivel Left to Right touching Right heel diagonally forward Right

3      Swivel Left heel Right touching Right toe beside Left foot

4      Swivel Left to Right touching Right heel diagonally forward Right

5 6      Step Right Forward, ½ Pivot Left 12:00

**7&8kick Right forward, Step down on ball of Right, Step forward on Left**

### (Section 4) Cross, Side, ¼ Sailor, ball Step, Scuff, Step. Tap

1 2      Cross Right Over Left, Step Left to Side

3&4      Cross Right behind Left turning ¼ Right, Step Left beside Right, Step forward on Right 3:00

&5 6      Step ball of Left beside Right. Step forward on Right. Scuff Left forward

7 8      Step Forward on Left, Tap Right toe Behind Left

**(Section 5) Right Lock Back, Back, Touch, step, ¼ Hitch turn Right, Left Shuffle**

- 1&2** Step Right Back, Lock Left Over Right, Step Right Back
- 3 4** Step Left Back, Touch Right Toe in front of Left
- 5 6** Step Right Forward, Hitch Left knee up as you turn 1/4 Right 6:00
- 7&8** Step Left Forward, Step Right beside Left, Step Left forward (restart here on wall 5 at 6:00)

**(Section 6) ½ Pivot x2 , Cross Rock, Side Rock**

- 1 2** Step Forward Right, Pivot ½ Left 12:00
- 3 4** Step Forward Right, Pivot ½ Left 6:00
- 5 6** Cross Right over left, Recover on left
- 7 8** Rock Right out to Right Side, Recover on Left

**E-mail: [mercurydance@gmail.com](mailto:mercurydance@gmail.com)**