

Over and Over Again

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Count: 64

Wall: 1

Level: Intermediate

Choreographer: Andre Adhitama Rizal (ULD DKI) Indonesia, July 2019

Music: Over And Over Again by Nathan Sykes Ft Ariana Grande

Intro to start dance on backing vocal

Tag

1 - 2: R Hand to Up

3 - 4: R Hand to Down

5 - 6: L Hand to Up

7 - 8: L Hand to down

1 - 2: Both your hands to up

3 - 4: Both your hands down

5 - 6: Both your hands to up

7 - 8: Both your hands down

I. CROSS-RECOVER-SIDE-CROSS WITH PRESS-RECOVER-BACK-BACK LIFE UP-ARABESQUE-PIVOT X2

12&3: Cross R over L, Recover on L, Step R to side, Cross with press L over R (01:30)

4&5&6: Recover on R, Step L back, Step R back with life up L, Step L fwd with life up R

7&8&: Step R fwd, Turn 1/2 Left Step L in place (07.30), Step R fwd, Turn 1/2 Left Step L in place (01:30)

II. 1/4 TURN LEFT CROSS-RECOVER-SIDE-CROSS WITH PRESS-RECOVER-BACK-BACK LIFE UP-ARABESQUE-ROCKING CHAIR

12&3: 1/4 turn left Cross R over L (10:30), Recover on L, Step R to side, Cross with press L over R (01:30)

4&56: Recover on R, Step L back, Step R back with life up L, Step L fwd with life up R

7&8&: Rock fwd R, Recover on L, Back rock on R, Recover on L

Tag On Wall 3

1 - 2: Step R fwd, Hold

Started to Seq V

III. TURN 1/8 LEFT STEP-STEP-SIDE-BACK ROCK-RECOVER-TURN 1/4 LEFT STEP-STEP-STEP-SIDE-BACK-RECOVER-TURN 1/4 LEFT STEP

1 2 &: Turn 1/8 Left Step R fwd (12:00), Step L fwd, Step R to side

3&4: Back rock L, Recover on R, Turn 1/4 Left Step L fwd (09:00)

5 6 &: Step R fwd, Step L fwd, Step R to side

7 & 8: Back rock L, Recover on R, Turn 1/4 Left Step L fwd (06:00)

IV. STEP-SIDE-BACK-RECOVER-TURN 1/4 LEFT STEP-WITH STYLING HAND UP TO DOWN

1 2 &: Step R fwd, Step L fwd, Step R to side

3 & 4: Back rock L, Recover on R, Turn 1/4 Left Step L fwd (03:00)

5 6 &: Turn 1/4 left Step R to side (12:00) With styling Hands from up to down, R Hand from up to down, L Hand from up to down

7 8: With styling R Hand from down to up

V. TURN 1/8 RIGHT-WALK X3-TURN 1/2 LEFT-PIROUETTE-WALK X3 TURN 1/4 RIGHT PIROUETTE-WALK X3 WITH LIFT UP BACK-TURN 1/2 RIGHT WALK X3 WITH LIFT UP BACK

1 & 2.: Turn 1/8 right Step L fwd (01:30), Step R fwd , Step L fwd with Turn 1/2 left R Pirouette (07:30)

3 & 4: Step R fwd, Step L fwd , Step R fwd with Turn 1/4 right L Pirouette (10:30)

5 & 6: Step L fwd (10:30), Step R fwd , Step L fwd with R lift up back

7 & 8: Turn 1/2 right Step R fwd (04:30), Step L fwd , Step R fwd with L lift up back

VI. SYNCOPATED- PRISSY WALK

1 & 2: Turn 1/8 left Cross L over R (03:00), Side rock to R (03:00), Recover on L

& 3 &: Cross R over L, Side rock to L, Recover on R

4 & 5: Step L fwd, Turn 1/4 left Step L to side (12:00), Recover on L,

& 6 &: Cross R over L, Side rock to L, Recover on R

7 8.: Prissy walk L R

VII. TURN 1/8 RIGHT-WALK X3-TURN 1/2 LEFT-PIROUETTE-WALK X3 TURN 1/4 RIGHT PIROUETTE-WALK X3 WITH LIFT UP BACK-TURN 1/2 RIGHT WALK X3 WITH LIFT UP BACK

1 & 2.: Turn 1/8 right Step L fwd (01:30), Step R fwd , Step L fwd with Turn 1/2 left R Pirouette (07:30)

3 & 4: Step R fwd, Step L fwd , Step R fwd with Turn 1/4 right L Pirouette (10:30)

5 & 6: Step L fwd (10:30), Step R fwd , Step L fwd with R lift up back

7 & 8: Turn 1/2 right Step R fwd (04:30), Step L fwd , Step R fwd with L lift up back

VIII. SYNCOPATED- PRISSY WALK

1 & 2: Turn 1/8 left Cross L over R (03:00), Side rock to R (03:00), Recover on L

& 3 &: Cross R over L, Side rock to L, Recover on R

4 & 5: Step L fwd, Turn 1/4 left Step L to side (12:00), Recover on L,

& 6 &: Cross R over L, Side rock to L, Recover on R

7 8.: Prissy walk L, Touch R fwd

[Back to Tag...](#)

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