

# Get You Some

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**Count:** 64      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Dee Musk (UK). July 2019

**Music:** 'Get You Some' - 'Captain Planet feat. Brit Lauren'. Album: Cookin' Gumbo

**#32 Count Intro. Approx 20 secs - Start on Vocals. Track approx 4 mins.**

**Track available from [iTunes.co.uk](https://www.apple.com/itunes)**

**R Samba, L Samba,  $\frac{3}{4}$  Volta Step Turn R.**

- 1&2**      Cross R over L, rock L to L side, recover weight to R.
- 3&4**      Cross L over R, rock R to R side, recover weight to L.
- 5&6&**      Beginning a  $\frac{3}{4}$  turn R in a circular motion, step R,L,R,L.
- 7&8**      Complete the  $\frac{3}{4}$  circular turn R, stepping R,L,R. (9 o'clock).

**Cross, Side, Heel, Ball, Touch, Ball, Heel, Ball, Cross, Side, Heel, Ball, Cross, Side, Together.**

- 1&2&**      Cross L over R, step R to R side, L heel to L diagonal, step L beside R.
- 3&4**      Touch R beside L, step down on R, L heel to L diagonal.
- &5&6**      Step L beside R, cross R over L, step L to L side, R heel to R diagonal
- &7&8**      Step R beside L, cross L over R, step R to R side, step L beside R. (9 o'clock).

**Fallaway  $\frac{1}{2}$  Samba Turn L, Coaster Cross, Side, Behind, Side, Cross.**

- 1&2**      Step back on R turning L, facing 7.30 rock L to L side, recover weight to R facing 6 o'clock.
- 3&4**      Step forward on L turning L, facing 4.30 rock R to R side, recover weight to L facing 3 o'clock.
- 5&6**      Step back on R, close L beside R, cross R over L.
- &7&8**      Step L to L side, cross step R behind L, step L to L side, cross R over L. (3 o'clock).

**L Side, Back, Rock, R Side, Back, Rock, Side, Touch, Side, Touch, Chasse  $\frac{1}{4}$  Turn L with Sweep.**

- 1,2&**      Step L to L side, cross rock R behind L, recover weight to L.
- 3,4&**      Step R to R side, cross rock L behind R, recover weight to R.

**5&6&** Step L to L side, touch R beside L, step R to R side, touch L beside R.

**7&8** Step L to L side, close R beside L, make  $\frac{1}{4}$  turn L stepping forward on L sweeping R to in front of L. (12 o'clock).

**\*\*Restart 2\*\* During wall 5, begin again facing 6 o'clock.**

**Cross, Rock, Side, Rock, Behind, Side, Cross, Side Rock, Recover, Cross, Side, Behind, Side, Cross**

**1&2&** Cross rock R over L, recover weight to L, rock R to R side, recover weight to L.

**3&4** Cross step R behind L, step L to L side, cross R over L.

**5&6&** Rock L to L side, recover weight to R, cross L over R, step R to R side.

**7&8** Cross step L behind R, step R to R side, cross L over R. (12 o'clock).

**$\frac{1}{2}$  Turn R, Crossing Shuffle,  $\frac{1}{2}$  Turn L, Crossing Shuffle, Side, Rock, Behind. Sweep, Sailor Step.**

**1&2** On ball of L make  $\frac{1}{2}$  turn R crossing R over L, step L to L side, cross R over L.

**3&4** On ball of R make  $\frac{1}{2}$  turn L crossing L over R, step R to R side, cross L over R.

**5&6** Rock R to R side, recover weight to L, cross step R behind L sweeping L to behind R.

**7&8** Step L behind R, step R to R side, step L to L side. (12 o'clock).

**\*\*Restart 1\*\* During wall 2, begin again facing 6 o'clock.**

**Run R, L, R, Rocking Chair, Rumba Box Forward, Rumba Box Back.**

**1&2** Run forward stepping R, L, R.

**3&4&** Rock forward on L, recover weight to R, rock back on L, recover weight to R.

**5&6** Step L to L side, close R beside L, step forward on L.

**7&8** Step R to R side, close L beside R, step back on R (12 o'clock).

**Lock Step Back, Triple  $\frac{1}{2}$  Turn R, Step Reverse  $\frac{1}{2}$  Turn L, Triple  $\frac{1}{2}$  Turn L.**

**1&2** Step back on L, cross R over L, step back on L.

**3&4** Make  $\frac{1}{2}$  triple turn R stepping R, L, R.

**5,6** Step forward on L, make a reverse  $\frac{1}{2}$  turn L stepping back on R.

**7&8** Make  $\frac{1}{2}$  triple turn L stepping L, R, L. (6 o'clock).

**Restart 1 during wall 2 - dance to count 48 - begin again facing 6 o'clock.**

**Restart 2 during wall 5 - dance to count 32 - begin again facing 6 o'clock.**

**Have fun**

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