

J'ai Du Boogie Contra

LINEDANCE.COM

Count: 32

Wall: 2

Level: Absolute Beginner - Contra

Choreographer: Helaine Norman - November 2019

Music: J'ai du Boogie by Scooter Lee

I. KICK, ROCK RECOVER TWICE

- 1-2 Kick right x2
- 3-4 Rock right back, recover to left forward
- 5-8 Repeat 1-4

II. LOCK STEP WITH HITCH TWICE

- 1-4 Step right forward, lock left behind right, step right forward, scuff left forward
- 5-8 Step left forward, lock right behind left, step left forward, scuff right forward

Optional for 1-8: Shuffles with hitches (or scoots with hitches)

III. ¼ PIVOT TURN TWICE

- 1-4 Step right forward, pivot on right making ¼ turn weight to left 9:00
- 5-8 Repeat 1-4 6:00

Optional for 1-8: Walk right, left, right, step left together (making ½ turn left) 6:00

IV. TWIVELS

- 1 Twist both heels to right
- 2 Twist both toes to right
- 3 Twist both heels to right
- 4 Hold
- 5 Twist both heels to left
- 6 Twist both toes to left
- 7 Twist both heels to left
- 8 Hold

Optional styling for 4 and 8: Claps with holds

Optional for 1-8:

1-4: Step right side, step left together, step right side, touch left together

5-8: Step left side, step right together, step left side, touch right together

Repeat

E-mail: helaine43@gmail.com

Last Update - 9 Nov. 2019

STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=137555