

# You Are The One

LINEDANCE.COM

**Count:** 16      **Wall:** 4      **Level:** Improver NC

**Choreographer:** Ayu Permana, (ULD BOGOR, INA), October 2019

**Music:** How Would You Feel by Ed Sheeran

## **NO TAG - NO RESTART -**

**The dance starts after 16 counts music intro**

## **SECTION 1. WALK FORWARD - RECOVER - BACK - BEHIND - SIDE - CROSS - SIDE - RECOVER - CROSS - (2X) 1/4 TURN - CROSS (06.00)**

- 1-2&3**      Step R forward - Step/rock L forward - Recover on R - Step L backward
- 4&5**      Sweep R from front to the back and step behind L - Step L to left side - Cross R over L
- 6&7**      Step/rock L to left side - Recover on R - Cross L over R
- 8&1**      Turn 1/4 left, step back on R (9) - Turn.1/4 left, step L to left side (6) - Cross R over L

## **SECTION 2. SIDE - RECOVER - FORWARD - RUN - FORWARD - 1/2 PIVOT TURN - FORWARD - CROSS - FORWARD (03.00)**

- 2&3**      Step/rock L to left side - Recover on R, while making 1/8 turn right (7.30) - Step L forward
- 4&5**      Run forward on R - L - R (7.30)

## **Optional: (4&5) Step R forward - Turn 1/2 right, step bak on L - Turn 1/2 right, step R forward**

- 6&7**      Step L forward - Turn 1/2 right, step on R (1.30) - Step L forward
- 8&**      Step R across L - Make 1/8 turn right to face (3.00), step L in front of R

## **REPEAT**

**Enjoy and happy dancing ..**

**Contact: [permanaayu@yahoo.com](mailto:permanaayu@yahoo.com)**

**STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)**