

# Dixie Heart

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner / Improver

**Choreographer:** Jan Brookfield – November 2019

**Music:** "Heart of Dixie" by Jett Williams, CD : Honk!

**Speed : 99 BPM (x 2 for polka timing)**

**Dance starts after 11 seconds on the vocals : "Oh"**

**Section 1 : WALK FORWARD x 2, COASTER FORWARD; WALK BACK x 2, COASTER BACK**

**1,2, 3&4:** Walk forward on R, L ; step R forward, step L next to R, step R back

**5,6,7&8:** Walk back on L, R ; step L back, step R next to L, step L forward

**Section 2 : SHUFFLE ½ TURN, COASTER STEP; SHUFFLE FORWARD, MAMBO FORWARD**

**9&10:** Shuffle half turn over left shoulder, stepping R.L.R ( facing 6 o'clock)

**11&12:** Step L back, step R next to L, step L forward

**13&14:** Shuffle forward on R, L, R

**15&16:** Rock L forward, recover onto R, step L back

**\*RESTART HERE ON 5th WALL, YOU WILL BE FACING BACK WALL , 6 O'CLOCK**

**Section 3 : WALK BACK x 2, COASTER STEP, SHUFFLE FORWARD, STEP, PIVOT ¼ TURN**

**17,18,19&20:** Walk back on R, L; step R back, step L next to R, step R forward

**21&22:** Shuffle forward on L,R,L

**23,24:** Step R forward, pivot quarter turn left transferring weight onto L (facing 3 o'clock)

**Section 4 : REVERSE SAILOR STEPS x 2; TOE-HEEL-STOMP x 2**

**25&26:** Step R across in front of L, step L back to left side, step R to right side

**27&28:** Step L across in front of R, step R back to right side, step L to left side

**29&30: Dig R toe in next to L, dig R heel in next to L, stomp R forward**

**31&32: Dig L toe in next to R, dig L heel in next to R, stomp L forward**

**START AGAIN**

**NB. Point of interest : the singer Jett Williams is the daughter of Hank Williams Sr.**

**STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)**

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