

# My Heartache

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Shirley Blankenship & K. Sholes - October 2019

**Music:** Heartache Medication by Jon Pardi

## Diagonal Shuffles/Forward - 1/2 Left/ Hook , Shuffle

**1&2 3&4** Shuffle forward on right,shuffle forward on left

**5-6** Step forward on right, 1/2 left hook left over right

**7&8** Shuffle forward Left

## Side Rock/ Behind/Side/Cross - Right And Left

**1-2 3&4** Side rock Right, recover on left, right behind left,step left, cross right

**5-6 7&8** Side rock left,recover on right, left behind right,step right,cross left

## Step lock/ Step/ Together/Step - Right And Left

**1-2-3&4** Step right forward, left behind, step right, left together ,step right

**5-6-7&8** Step left forward, right behind, step left, right together ,step left

## Pivot 1/2 left - Pivot 1/4 Left - Rocking Chair

**1-2-3-4** Step right forward, pivot 1/2 left ,, Step right forward pivot 1/4 left

**5-6-7-8** Rock forward on right,recoverleft,rock back on right,recover left

## It's All About Fun

**ENJOY**

**STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)**