

Shake That Thang

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Pat Newell - 21 October 2019

Music: Cowgirl Swing by Dave Sheriff

Senior Dancing Series

32 in.

VINE RIGHT, VINE LEFT

1-4 Step R to R, L behind R, step R to side, touch L

5-8 Step L to L, R behind L, step L to side, touch R

SHIMMY TO SIDE AND UP RIGHT AND REPEAT TO LEFT

1-4 Shimmy R to side and shimmy up

5-8 Shimmy L to side and shimmy up

ROCK FWD ON RIGHT, RECOVER ON LEFT, TRIPLE BACK, ROCK BACK ON LEFT REC ON RIGHT, TRIPLE FWD

1,2 3&4 Rock fwd on R, recover on L and triple back RLR

5,6 7&8 Rock back on L, recover on R and triple fwd LRL

2x ¼ PIVOTS LEFT, WEAVE TO LEFT

1-4 Step fwd on R, turn ¼ L (wt on L), step fwd on R, turn ¼ L (wt on L)

5-8 Cross R over L, step L to L, step R behind L, STEP ON LEFT *

*** WHEN STEPPING ON LEFT GIVE A LITTLE PUSH TO RIGHT TO START RIGHT VINE**

DANCE FOR THE HEALTH OF IT

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