

Better Without You

LINEDANCE.COM

Count: 64

Wall: 2

Level: Phrased Intermediate / Advanced Cha Cha

Choreographer: Lilian Lo - June 2019

Music: Better Without You by Rhian Benson - single

Phrasing: AAB AAB AAB A

Intro: 32 counts (18 seconds into the track)

Part A: 32 counts

(1 - 8) Side, close, tap, behind, $\frac{1}{4}$ L, forward, check, replace, $\frac{1}{2}$ L, $\frac{1}{2}$ L

1 2&3RF big step to side (1), hold (2), LF closed to RF (&), RF tap to side (3)

4&5RF cross behind LF (4), $\frac{1}{4}$ turn L, LF step forward (&), RF step forward (5) @9:00

6 7&LF cross over RF (6), replace on RF (7), $\frac{1}{2}$ turn L (&) @3:00

8&LF step forward (8), $\frac{1}{2}$ turn L, RF closed to LF (&)

(9 - 16) Forward, back, hook, kick, step, $\frac{1}{4}$ L, side, tap x 2, rock, replace

1 2 3LF step forward (1), RF step back (2), L leg hook across R leg (3)

4&5LF small kick forward (4), LF step in place (&), $\frac{1}{4}$ turn L, RF step to side (5) @6:00

6&7 Hold (6), LF cross tap over RF with bend knee (&), LF tap to side (&)

8&LF rock back behind RF (8), replace on RF (&)

(17 - 24) Side, $\frac{1}{4}$ R, (cross, back, back) x 4

1LF step to side (1)

2&3 $\frac{1}{4}$ turn R, RF cross over LF (2), LF step back (&), RF step diagonally back (3) @9:00

4&5LF cross over RF (4), RF step diagonally back (&), LF step diagonally back (5)

6&7& Hold (6), RF cross over LF (&), LF take small diagonally back step (7), RF step diagonally back (&)

8&LF cross over RF (8), RF take small diagonally back step (&)

(25 - 32) ¼ L, (tap, ¼ R, replace, tap, replace) x 3, ¼ R

1 2&¼ turn L, LF step to side (1), RF tap next to LF (2), ¼ turn R, replace on RF (&) @9:00

3&LF tap next to RF (3), replace on LF (&)

4&RF tap next to LF (4), ¼ turn R, replace on RF (&) @12:00

5&LF tap next to RF (5), replace on LF (&)

6&RF tap next to LF (6), ¼ turn R, replace on RF (&) @3:00

7&8&LF tap next to RF (7), replace on LF (&), RF tap next to LF (8), ¼ turn R (&) @6:00

Part B: 32 counts

(1 - 8) Side, check, replace, side, cross, side, check, replace, side, cross

1 2 3RF step to side (1), LF cross over RF (2), replace on RF (3)

4&5LF step to side, slightly backward (4), RF cross over LF (&), LF step to side (5)

6 7RF cross over LF (6), replace on LF (7)

8&RF step to side, slightly backward (8), LF cross over RF (&)

(9 - 16) Side, syncopated Cuban Break, (side, close) x 3, 1/8 R

1RF step to side (1)

2&3&LF cross over RF (2), replace on RF (&), LF step to side, rock L (3), replace on RF (&)

4&5&LF cross over RF (4), replace on RF (&), LF step to side (5), RF closed to LF (&)

6&7LF step to side (6), RF closed to LF (&), LF step to side (7)

8& Hold (8), RF closed to LF, 1/8 turn R on RF (&)

(17 - 24) Cross, ½ R, ½ R, ronde, behind, ½ L, step, lock

1 2LF cross over RF (1), hold (2)

3 4&½ turn R, weight on LF (3), RF step in place (4), ½ turn R (&) @7:30

5 6 7LF step back, RF ronde (5), RF cross behind LF (6), ½ turn L, LF step forward (7) @7:30

8&RF step forward (8), LF cross behind RF (&)

(25 - 32) Forward, cross, $\frac{1}{2}$ R, $\frac{1}{2}$ R, ronde, behind, $\frac{1}{2}$ L, step, lock

1 2 3RF step forward (1), LF cross over RF (2), $\frac{1}{2}$ turn R, weight on LF (3) @1:30

4 5 6RF step in place (4), $\frac{1}{2}$ turn R, LF step back, RF ronde (5), RF cross behind LF(6) @7:30

7 $\frac{1}{2}$ turn L, LF step forward (7) @1:30

8&RF step forward (8), LF cross behind RF (&)