

**Count:** 32                      **Wall:** 2                      **Level:** Beginner

**Choreographer:** Pat Newell - 11 October 2019

**Music:** Mr. Man in Moon by Patty Loveless - 128 bpm

## Senior Starter Series

**Learning:** Walking forward and back, vines,  $\frac{1}{4}$  pivots, scuffs, jazz box, figure 8

#32 in

## WALK FORWARD AND BACK

1-4            Step forward R, L, R, touch L

5-8 step back L, R, L, touch R

## VINE RIGHT, VINE LEFT SCUFF R

1-4            Step R to R, step L behind R, step R to R, touch L beside R

5-8            Step L to L, step R behind L, step L to L, scuff R

## (2x) $\frac{1}{4}$ PIVOTS LEFT, JAZZ BOX 6:00

1-4            Step fwd on R, turn  $\frac{1}{4}$  L (wt on L), step fwd on R, turn  $\frac{1}{4}$  L (wt on L) 6:00

5-8            Step R over L, step back on L, step on R, step slightly fwd on L

## FIGURE 8 (making a full turn returning to the 6:00 wall)

1-4            Step R to R, step L behind R, step  $\frac{1}{4}$  R, step fwd on L 3:00

5-8            Pivot  $\frac{1}{2}$  R, step on R (9:00 ) step on L turn  $\frac{1}{4}$  R ,step R, step L (6:00)

## START AGAIN

## DANCE FOR THE HEALTH OF IT

## STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)