

Little Help

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Count: 64 **Wall:** 4 **Level:** Improver

Choreographer: Gudrun Schneider (DE) (May 2019)

Music: Little Help • The BossHoss feat. Mimi & Josy

The dance starts after 16 count intro

POINT FWD R, POINT SIDE R, TOUCH R, KICK R, ROCK BACK R, TOE STRUT SIDE

1-2RF point forward, RF point right

3-4RF touch beside LF, RF kick forward

5-6RF step back, recover on LF

7-8RF toe right side, drop heel down

ROCK BACK L, STEP SIDE L, BEHIND R, ¼ TURN STEP L, HOLD, STEP R FWD ½ TURN

1-2LF rock behind RF, recover on RF

3-4LF step left, RF step behind LF

5-6¼ turn left, LF step forward, hold (9:00)

7-8RF step forward, ½ turn left (3:00)

STEP R DIAG. FWD, SWIVEL HEEL/TOE/HEEL, STEP L DIAG. FWD, TOUCH R, STEP BACK R, TOUCH L

1-2RF step diagonally forward, swivel left heel in towards right heel

3-4 Swivel left toe in towards right heel, swivel left heel in towards right heel

5-6LF step diagonally forward, RF touch next to LF

7-8RF step diagonally back, LF touch next to RF

ROCK FWD, ½ TURN L, STEP L FWD, HOLD, STEP R ½ TURN L, POINT SIDE R, TOUCH R

1-2LF step forward, recover on RF

3-4½ turn left, LF step forward, hold (9:00)

5-6RF step forward, ½ turn left (3:00)

7-8RF point right, RF touch next to LF

ROCKING CHAIR R, ¼ TURN L, SIDE STEP R, TOUCH, 1/4 TURN L - SIDE STEP L- TOUCH

1-2RF rock forward, recover on LF

3-4RF rock back, recover on LF

5-6¼ turn left, RF step right side, LF touch next to RF (12:00)

7-8¼ turn left, LF step left side, RF touch next to LF (3:00)

STEP SIDE R, TOGETHER, STEP R FWD, SCUFF L, JAZZ BOX

1-2RF step right, LF step beside RF

3-4RF step forward, left heel scuff forward

5-6LF cross over RF, RF step back

7-8LF step left side, RF step forward

ROCKING CHAIR L, ¼ TURN R, SIDE STEP L, TOUCH, 1/4 TURN R - SIDE STEP R- TOUCH

1-2LF rock forward, recover on RF

3-4LF rock back, recover on RF

5-6¼ turn right, LF step left side, RF touch next to LF (12:00)

7-8¼ turn right, RF step right side, LF touch next to RF (3:00)

(Restart - wall 5)

STEP SIDE L, TOGETHER, STEP R FWD, SCUFF R, JAZZ BOX

1-2LF step left, RF step beside LF

3-4LF step forward, right heel scuff forward

5-6RF cross over LF, LF step back

7-8RF step right side, LF step forward

TAG: After wall 2 (6:00)

VINE R, VINE L

1-2RF step right side, LF behind RF

3-4RF step right side, LF touch beside RF

5-6LF step left side, RF behind LF

7-8LF step left side, RF touch beside LF

RESTART: In wall 5 after 56 count (3:00) (change the weight to left foot, dance not touch, but step)

HAVE FUN

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Last Update - 11 June 2019