

Tie Me Down

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Intermediate

Choreographer: Hiroko Carlsson (Grafton, Australia) June 2019

Music: Tie Me Down (ft. Elley Duhé) / Gryffin - iTunes

(Intro: 16 counts)

[S1] Side-Behind-1/4R, Side-Behind-1/4L, Side, Behind-1/4R-Fwd-1/2R, Shuffle Fwd

- 1&2** Step R to right, Step L behind R, Make a ¼ turn right stepping forward on R (3:00)
- &3&4** Step L to left, Step R behind L, Make a ¼ turn left stepping forward on L, Step R to right (12:00)
- 5&6&** Step L behind R, Make a ¼ turn right stepping forward on R, Step forward on L, Make a ½ turn right weight ends on L (9:00)
- 7&8** Shuffle forward R-L-R

[S2] Side-Flick-Side Rock, Behind-1/4L-Fwd, Syncopated Pivots, L Chasse

- 1&** Step L to left, Flick R behind left foot
- 2&** Rock/step R to right, Recover weight on L
- 3&4** Step R behind L, Make a ¼ turn left stepping forward on L, Step forward on R (6:00)
- 5&6&** Step forward on L, Make a ½ turn right recover weight on R, Step forward on L, Make a ½ turn right recover weight on R

7&8L side chasée L-R-L**

[S3] Elvis Knee RL-RR, 2x Sailor Step Back

- 1&** Pop R knee in, Recover to the centre
- 2&** Pop L knee in, Recover to the centre
- 3&4** Pop R knee in, Recover to the centre, Pop R knee forward in weight ends on L
- 5&6** Step R behind L, Step R to the side, Step R to the side (travelling backwards)
- 7&8** Step L behind R, Step R to the side, Step L to the side (travelling backwards)

[S4] Hop Back w/Sweep 1/2L-Back, Hop Back w/Sweep 1/2L-Back, Hop Back w/Sweep into 1/4L Back Rock, Step-Pivot 1/4R-Cross

- 1 2** Hop/step back on R and make a ½ turn left sweeping L around R, Step back on L (12:00)
- 3 4** Hop/step back on R and make a ½ turn left sweeping L around R, Step back on L (6:00)
- 5 6&** Hop/step back on R and make a ¼ turn left sweeping L around R, Step back on L,
Recover/step forward on R (3:00)
- 7&8** Step forward on L, Make a ¼ turn right recover weight on R, Cross L over R (6:00)

Restart on Wall 2 Count 16 (12:00) and Wall 6 Count 16** (12:00)**

Please feel free to contact me if you need any further information.

(hirokoclinedancing@gmail.com)

(updated: 30/May/19)