

# The Joy of Life

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**Count:** 64      **Wall:** 2      **Level:** Improver

**Choreographer:** Janet (Zhen Zhen) Ge, China ☐ June 2019 ☐

**Music:** The Joy of Life by Dubble Trubble ☐ Or by Kenny G ☐

## **Intro From Heavy beat 16 count ( Approx: 27 Sec ) ( No Tag - No Restart )**

### **[1-8] Side, Tog, Shuffle, Side, Tog, Shuffle**

- 12      Step right to side, step left together
- 3&4      Step right forward, step left next to right, step right forward
- 56      Step left to side, step right together
- 7&8      Step left back, step right next to left, step left back

### **[9-16] Bock/Back, 1/2 Turn Shuffle, Bock/Back, Shuffle**

- 12      Rock right back, recover on left
- 3&4 1/2 Turn L stepping right back, step left next to right, step right back**
- 56      Rock left back, recover on right
- 7&8      Step left forward, step right next to left, step left forward (6:00)

### **[17-25] Rock/Fwd, Rock/Side, Behind- Side-Cross, Rock/Side**

- 1234      Rock right forward, recover on left, rock right to side, recover on left
- 5&6      Cross right behind left, step left to side, cross right over left
- 78      Rock left to side, recover on right

### **[26-32] Rock/Fwd, Rock/Side, Behind- Side-Cross, Rock/Side**

- 1234      Rock left forward, recover on right, rock left to side, recover on right
- 5&6      Cross left behind right, step right to side, cross left over right
- 78      Rock right to side, recover on left

### **[33-40] 1/4 Turn Jazz Box Step, Fwd, 1/2 Turn Back, Coaster Step**

- 1234      Cross right over left, 1/4 turn R stepping left back, step right to side, touch left together (9:00)
- 56      Step left forward, 1/2 turn L stepping right back

**7&8** Step left back, step right together, step left forward (3:00)

**[41-48] Fwd, Sweep, Weave Step, Sweep, Behind, Side**

**1234** Step right forward, sweep left from back to front, cross left over right, step right to side

**5678** Step left back, sweep right from front to back, cross right behind left, step left to side

**[49-56] Cross, Touch, 1/4 Turn Back, Side, Cross, Touch, Back, Side**

**1234** Cross right over left, touch left behind right, step left back, 1/4 turn R stepping right to side  
(6:00)

**5678** Cross left over right, touch right behind left, step right back, step left to side

**[56-64] 1/2 Pivot Turn, 1/2 Pivot Turn, Rocking Chair Step**

**1234** Step right forward, 1/2 pivot turn L, step right forward, 1/2 pivot turn L

**5678** Rock right forward, recover on left, rock right back, recover on left

**Repeat Again!**

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